## Impact of Intergenerational Abuse and Trauma: Trauma-Informed Treatment Interventions to Promote Healing

DATE & TIME:

May 21, 2025

9:00AM - 12:00PM

to:

Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

## PLACE: Web Broadcast – MS Teams

## REGISTRATION: https://eventshub.dmh.lacounty.gov/

**DESCRIPTION:** This training has been specifically designed to provide the tools to recognize, assess, and intervene in client cases of intergenerational trauma effectively. Participants will explore theoretical frameworks, cultural considerations, and evidence-based interventions designed to address the unique challenges associated with this type of trauma. This training will empower staff to support their clients in breaking cycles of harm and building pathways toward healing and growth. Addressing intergenerational trauma is crucial for individual well-being, the health and resilience of families, and communities. Additionally, participants will learn self-care strategies to mitigate the effects of vicarious trauma in their own practice.

## TARGET AUDIENCE: DMH and contracted provider staff delivering specialty mental health services to children/ youth and their families.

OBJECTIVES:	<ul> <li>As a result of attending this training, participants should be able ables</li> <li>1. Describe the concept of intergenerational trauma and its transmission.</li> <li>2. Identify intergenerational trauma in clients using specific tools and techniques.</li> <li>3. Describe various therapeutic interventions to help clients process and heal from intergenerational trauma.</li> <li>4. Identify the importance of cultural sensitivity and community healing practices in trauma work.</li> <li>5. Describe self-care strategies to mitigate the effects of vicarious trauma in their own practice.</li> </ul>
CONDUCTED BY:	Alejandra Trujillo, LMFT
COORDINATED BY:	Mireya Segura, LCSW - Mental Health Training Coordinator msegura@dmh.lacounty.gov
DEADLINE:	When capacity is reached.
CONTINUING EDUCATION:	3.0 hours for BBS, BRN, CCAPP-EI 3.0 CE for Psychologist
COST:	NONE