

## Reducing Harm: What You Need to Know When Youth Are Using Substances

**DATE & TIME:**

**May 14, 2025**

**9:00AM - 11:30AM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:**

**Web Broadcast – MS Teams**

**REGISTRATION:**

**<https://eventshub.dmh.lacounty.gov>**

**DESCRIPTION:** Participants will learn about the most commonly used substances by adolescents and young adults (AYA) and effective strategies to motivate healthy behavior changes with AYA who are using or at-risk of using substances. The training will also review substance use disorder criteria, provide examples of effective harm reduction practices, and explore how our own biases impact our work with AYA.

**TARGET AUDIENCE:** This training is open to DMH staff and contracted mental health providers rendering services to children and youth.

**OBJECTIVES:**

**As a result of attending this training, participants should be able to:**

1. Name the three most common substances used by adolescents and young adults (AYA).
2. Describe how the Decision Tree is applied to motivate behavior change.
3. Describe the benefit of harm reduction practices.
4. Identify Naloxone as opioid overdose reversal medication.

**CONDUCTED BY:**

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**COORDINATED BY:**

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**DEADLINE:**

**When capacity is reached.**

**CONTINUING  
EDUCATION:**

**2.5 hours for BRN, CCAPP-EI**

**COST:**

**None**