

Domestic Violence for the Russian Speaking Community

DATE & TIME:

May 13, 2025

9:00AM – 12:00PM

*Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period.
Late arrivals will not be admitted.*

PLACE:

Web Broadcast – Microsoft Teams

REGISTRATION: <https://eventshub.dmh.lacounty.gov>

DESCRIPTION: This course is designed to familiarize practitioners with Russian speaking immigrants and the challenges of working with them when it comes to the area of Domestic Violence (DV). The course will give participants a chance to briefly review the geography and history of the Russian speaking regions and shed insight into life in the Russian speaking immigrant's homelands (i.e., issues around religion, education, socioeconomic status, problems of war and oppression); and a brief look at why Russian speaking immigrants have chosen to leave their country of origin and migrate to the U.S. The course will examine the definition of Domestic Violence, its key elements and cycle of violence. A review of the challenges of defining Domestic Violence through the cultural lens of the Russian speaking community will be discussed. Practitioners will learn the reasons why the Russian speaking community is so difficult to reach when it comes to Domestic Violence, by taking a close look at their culture, traditional beliefs and values, family structure and gender roles. Case studies and examples will be used to help each participant feel like they have caught a glimpse into the life of a Russian speaking DV survivor. The training will finally address barriers Russian speaking immigrants face in service utilization and what services providers can do (such as recognizing signs of abuse, how to ask questions, providing validating messages, safety planning, dos and don'ts) when working with Russian speaking DV clients. There will be a review of how Solution-Focused Therapy and the Recovery Model may be used in treatment with Russian speaking DV clients; and the challenges of using CBT in treatment with this population. The training will equip participants with resources and referrals they may access for their Russian speaking DV clients.

TARGET AUDIENCE: **DMH Clinical Staff**

OBJECTIVES: **As a result of attending this training, participants should be able to:**

1. Discuss experiences and challenges faced by Russian speaking immigrants, including where they have come from, and why they are here in the U.S.
2. Identify steps that service providers may take to decrease existing barriers in service delivery when working with Russian speaking DV clients.
3. List culturally sensitive ways to ask questions, provide information and validating messages when working with Russian speaking DV clients.
4. Explain Russian speaking immigrants' cultural norms, values, and family structure.

5. Discuss how to use three different treatment modalities when working with Russian speaking DV clients, and the strengths and consequences each modality brings with it.
6. Identify ways to improve accessibility of resources, services, and opportunities available to Russian speaking DV client.

CONDUCTED BY: Mastaneh Moghadam, LCSW

COORDINATED BY: Cindy Rubin – Training Coordinator
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DEADLINE: When capacity is reached.

CONTINUING EDUCATION:

COST: None