



CONTACTS

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LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

Dedication. We will do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line: [800.854.7771](tel:800.854.7771)

Those with hearing or speech disabilities may [call 711](tel:711) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.

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► **INTENSIVE SERVICES
FOSTER CARE (ISFC)**



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



ISFC Services

- ▶ Individualized Care Plans:
- ▶ Multidisciplinary Team Collaboration
- ▶ 24/7 Support and Crisis Intervention
- ▶ Training and Support for Foster Parents
- ▶ Transition Planning
- ▶ Advocacy and Collaboration with External Agencies

What is the ISFC Program?

ISFC is a California Child Welfare Program that is a collaboration between DCFS, Probation and DMH that provides an intensive level of care in community settings for youth with serious emotional and behavioral challenges through specially trained Foster Family Agency (FFA) teams and Resource Parents. Services are tailored to meet the underlying needs of the child/youth and their family. Services are culturally and linguistically humble and respectful of the needs of the children/youth and their families.

Who Makes up the ISFC Team?

- ▶ ISFC FFA Social Worker
- ▶ ISFC In-Home Support Counselor (IHSC)
- ▶ ISFC Clinician/Therapist
- ▶ ISFC Resource Parent

Eligibility Criteria

- ▶ Age 6-21 years;
- ▶ Open DCFS/Probation case;
- ▶ Meets Level of Care criteria for ISFC;
- ▶ Meets eligibility requirements for SMHS;
- ▶ Has Medi-Cal or is Medi-Cal-eligible;
- ▶ Behavioral or treatment needs cannot be met by a lower level of care; and
- ▶ Meets the definition of a seriously emotionally disturbed child and/or have a history of severe behavioral problems.

Referral Process

- ▶ The DCFS CSW or Probation Officer submits a referral to their ISFC administrative program.
- ▶ The placing agency coordinates a teleconference call with DMH and the Foster Family Agency (FFA) to match an identified child/youth/Nonminor dependent with an ISFC home.
- ▶ When a match is determined, the FFA ISFC team coordinates the transition of existing mental health services.
- ▶ When a match cannot be determined, the placing agency continues to host teleconferences, pending available ISFC Resource Parents, until a match is found.

ISFC Core Services and Supports

- ▶ Specialty Mental Health Services (SMHS):
 - Intensive Care Coordination (ICC)
 - Intensive Home-Based Services (IHBS)
 - Individual and Family Therapy
 - Medication Support Services
- ▶ Intensive support services for the following life domains: safety, emotional/psychological well-being, behavioral, family and living situation, social and recreation, cultural and spiritual, education and vocational, health, & developmental
- ▶ 24/7 crisis response: in-person response by social worker or program administrator; in-person response within one hour by licensed supervisor or crisis interventionist
- ▶ Resource Parent (RP) recruitment and training by a designated staff
- ▶ CFT prior to placement into ISFC or no later than 7 days after intake.