#### LOS ANGELES COUNTY - DEPARTMENT OF MENTAL HEALTH



## MENTAL HEALTH SERVICES ACT (MHSA) CLIENT DATA QUARTERLY REPORT FOURTH QUARTER (APRIL-JUNE) FY 2023-24

B-24

Data as of 8/18/24

This quarterly report shows demographic data on clients receiving services funded by the Mental Health Services Act (MHSA) from the Los Angeles County Department of Mental Health (LACDMH). This data was gathered from the MHSA Client Demographic dashboard. Link to dashboard: <a href="https://dmh.lacounty.gov/dashboards/mhsa-client-demographics/">https://dmh.lacounty.gov/dashboards/mhsa-client-demographics/</a>

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#### **Introduction**

In November 2004, the Mental Health Services Act (MHSA) was passed by Californian voters and became state law on January 1, 2005. The Act required a one percent (1%) tax on personal incomes above one million dollars (\$1M) to expand mental health services and programs serving all ages. Once MHSA was written into law, the Welfare and Institutions Code (WIC) Section 5847 required county mental health programs in California to prepare and submit a Three-Year Program and Expenditure Plan ("Three-Year Plan" or "Plan") followed by Annual Plan Updates for all MHSA programs and expenditures. In Los Angeles County, the Plan provides an opportunity for the Department of Mental Health (LACDMH) and its stakeholders to review its existing MHSA programs and services to evaluate their effectiveness. Through the Plan's required Community Planning Process (CPP), LACDMH engages a broad array of stakeholders that provide feedback and input on existing MHSA programs and services which allows LACDMH an opportunity to propose and incorporate new programs and services that meet the diverse needs of all communities served. Changes made to the Plan through the CPP must comply with MHSA regulations as well as relevant State requirements. In preparation for the CPP, this quarterly report provides an update on the activities, achievements, challenges, and goals of the MHSA services.

<u>MHSA is made up of five components</u>: Community Services & Support; Prevention & Early Intervention; Innovation; Capital Facilities & Technological Needs; and Workforce Education & Training.

**Community Services & Support (CSS)** is the largest component of the MHSA. The CSS component is focused on community collaboration, cultural competence, client- and family-driven services and systems, wellness focus, which includes concepts of recovery and resilience, integrated service experiences for clients and families as well as serving the unserved and underserved. Housing is also a large part of the CSS component. Services include: Full Service Partnership; Outpatient Care Services; Alternative Crisis Services (ACS); Housing Services; Linkage to County-Operated Functions/Programs (Linkage); and Planning, Outreach, and Engagement Services (POE).

The goal of the **Prevention & Early Intervention (PEI) component** of the MHSA is to help counties implement services that promote wellness, foster health, and prevent the suffering that can result from untreated mental illness. The PEI component requires collaboration with consumers and family members in the development of PEI projects and programs. The components are as follows: Early Intervention; Prevention; Stigma and Discrimination Reduction; and Suicide Prevention.

The **Innovation component** is designed to evaluate the effectiveness of new and/or changed practices or strategies in the field of mental health with a primary focus on learning and process change, rather than filling a program need or gap. As such, Innovation strives to change some aspect of the public behavioral health system that may include system or administrative modifications.

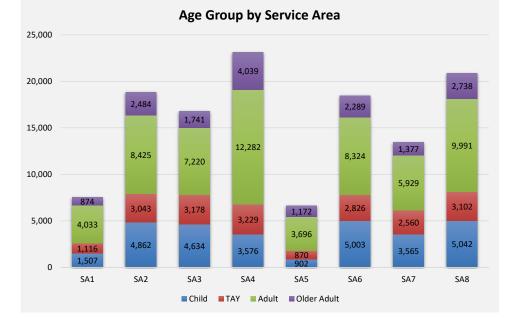
The **Capital Facilities and Technological Needs (CFTN) component** works toward the creation of facilities used for the delivery of MHSA services to mental health clients and their families or for administrative offices.

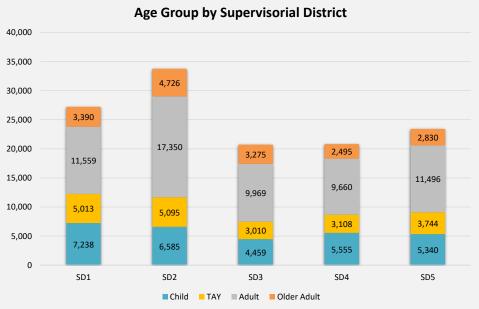
Workforce Education and Training (WET) funds are allocated to develop a diverse workforce. Clients and families/caregivers are given skills training to promote wellness and other positive mental health outcomes, deliver client- and family-driven services, and conduct outreach to unserved and underserved populations.



MHSA CLIENTS SERVED <sup>1</sup>						
		Demographic Characterisitcs	Number	r of Clients Served by Service A	ea	
		Age Group	Service Area (SA)	# of Unique Clients Served	# of New Clients Served	
110 707		24% Child	SA 1 - Antelope Valley	7,497	1,450	
119,727	25,726	16% TAY	SA 2 - San Fernando Valley	18,691	4,034	
-		<b>47%</b> Adult	SA 3 - San Gabriel Valley	16,666	4,187	
		14% Older Adult	SA 4 - Metro Los Angeles	23,050	4,767	
Unique Clients	New Clients		SA 5 - West Los Angeles	6,609	1,173	
Served (888)	Served		SA 6 - South Los Angeles	18,341	3,998	
			SA 7 - East Los Angeles	13,338	2,836	
			SA 8 - South Bay	20,749	4,214	

#### Number of Clients Served by Age Group





<sup>1</sup>Client counts are based on Mode 15 services, not inclusive of community outreach services or client supportive services.

## COMMUNITY SERVICES AND SUPPORT (CSS)-CLIENTS SERVED<sup>1</sup>

## 101,116

**Total Unique CSS Clients Served** 

Outpatient Care Services (OCS)					
Total OCS Clients Served					
81,793	81,793				
Number of OCS	Unique	Num	er of New	OCS	
Clients Serv	ed	CI	ients Serv	ed	
Age Group	# of U	nique	# of	New	
ABC CLOUP	Clients	Served	Clients	Served	
Child	15,	382	5,1	.14	
TAY	12,	362	2,1	76	
Adult	41,	408	4,4	12	
Older Adult	13,	120	6:	16	
Service Area	Service Area # of Unique		# of New		
(SA)	Clients	served	Clients	Served	
SA1	5,335		699		
SA2	13,763		2,0	019	
SA3	9,783		1,858		
SA4	14,362		2,268		
SA5	4,4	195	502		
SA6		204	1,762		
SA7		529	1,299		
SA8	13,	946	1,9	931	
Race/Ethnicity	Race/Ethnicity Group			%	
Hispanic/Latino				41%	
Black/African American			14,719	18%	
Unreported	Unreported			16%	
White				15%	
Asian				4%	
	Multiple Races			3%	
,	Native Hawaiian/Pacific Islander			1%	
Native American			506	1%	

# Full Service Partnership (FSP) Total FSP Clients Served 9,456 631 Number of FSP Unique Clients Served Number of New FSP Clients Served

Age Group	# of Unique Clients Served	# of New Clients Served	
Child	1,838	298	
TAY	1,570	122	
Adult	4,885	198	
Older Adult	1,274	24	

Service Area (SA)	# of Unique Clients Served	# of I Client S		
SA1	620	42	2	
SA2	1,025	64	1	
SA3	1,141	88	3	
SA4	1,818 110			
SA5	579			
SA6	1,699	150		
SA7	1,054	76	5	
SA8 1,683		10	6	
Race/Ethnicity G	Total	%		
Hispanic/Latino	3,119	33%		
Black/African Ameri	2,199	23%		
Unreported	Unreported			
White	White			

398

253

107

75

4%

3%

1%

1%

## Alternative Crisis Services (ACS)<sup>2</sup>

Total ACS Clients Served					
<b>7,918</b> Number of ACS Clients Serv		<b>2,859</b> ber of New ients Serve			
Age Group # of Ur Clients S			# of New Clients Served		
Child	83	33	43	39	
TAY	1,1	.94	50	01	
Adult	4,9	59		00	
Older Adult	88	31	36	55	
Service Area	# of U		# of New		
(SA)	Clients	Served	Clients	Served	
SA1	27	77	11	.8	
SA2	92	20	36	52	
SA3 1,534		34	62	27	
SA4	2,5	29	79	00	
SA5	52	29	200		
SA6		21	202		
SA7		51	322		
SA8	1,2	95	42	23	
Race/Ethnicity Group			Total	%	
Hispanic/Latino			2,237	33%	
White			1,387	21%	
Black/African American			1,550	23%	
Unreported	1,035	15%			
Asian			254	4%	
Multiple Races	170	3%			
Native Hawaiian/Pa	72	1%			
Native American			28	0%	

<sup>1</sup>Client counts are based on Mode 15 services, not inclusive of community outreach services or client supportive services.

Asian

**Multiple Races** 

Native American

Native Hawaiian/Pacific Islander

<sup>2</sup>Alternative Crisis Services does not include Urgent Care Centers data.

## PREVENTION AND EARLY INTERVENTION (PEI)-CLIENTS SERVED<sup>3</sup> EARLY INTERVENTION SERVICE COMPONENT



#### Number of Clients Served by Age Group

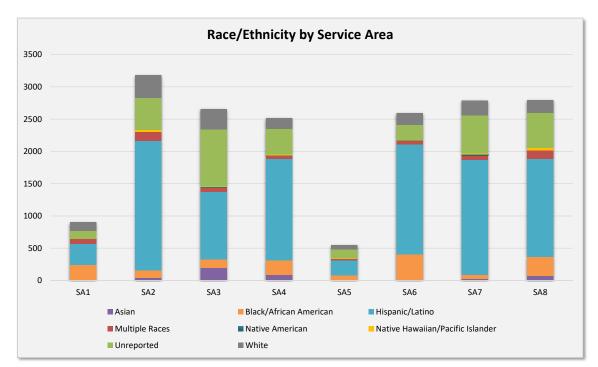
Age Group	# of Unique Clients Served	# of New Clients Served
Child	11,816	6,504
TAY	3,744	1,382
Adult	2,159	820
Older Adult	457	110

#### Number of Clients Served by Service Area

Service Area (SA)	# of Unique Clients Served	# of New Clients Served
SA 1	907	414
SA 2	3,202	1,667
SA 3	2,658	1,122
SA 4	2,535	1,177
SA 5	554	327
SA 6	2,595	1,532
SA 7	2,805	1,187
SA 8	2,815	1,369

#### Number of Clients Served by Race/Ethnicity Group

Race/Ethnicity Group	Total	%
Hispanic/Latino	10,193	57%
Unreported	3,390	19%
White	1,636	9%
Black/African American	1,525	9%
Multiple Races	585	3%
Asian	434	2%
Native Hawaiian/Pacific Islander	122	1%
Native American	55	0%



Race/Ethnicity Group	Highest	Lowest
Asian	SA 3 (7%)	SA1 (0.11%)
Black/African American	SA 1 (27%)	SA 7 (2%)
Hispanic/Latino	SA 6 (66%)	SA 1 (36%)
Multiple Races	SA 1 (9%)	SA 4 (2%)
Native American	SA 7 (0.68%)	SA 5 (0%)
Native Hawaiian/Pacific Islander	SA 8 (1%)	SA 6 (0.39%)
Unreported	SA3 (33%)	SA 6 (9%)
White	SA 1 (15%)	SA 4 (7%)

<sup>3</sup>Client counts are based on Mode 15 services, not inclusive of community outreach services, client supportive services, or Community Prevention programs.

### **PROGRAM SPOTLIGHT**

## **PILOT PROJECT: HOLLYWOOD 2.0**

#### Project Overview

The Hollywood 2.0 (H20) is a 5-year pilot project that aims to offer comprehensive, community-based care and services to people experiencing mental illness within the geographic boundaries of the Hollywood community.



The service delivery format is based on the world-renowned mental health care model used in Trieste, Italy that uses a human-centered, hospitality-oriented approach to foster autonomy and a sense of purpose to support personal recovery.



#### **Community Engagement**

Hollywood 2.0 engages Hollywood stakeholders, employers, and organizations to expand clinical and field-based mental health services and resources and offers employment, permanent housing, recreation, and socialization opportunities needed for well-being.

## FY 22-23 Highlights (Year 1)

## 1 Stakeholder Process



- DMH and H4WRD (4 Walls, a Roof, and a Door) convened three workgroups monthly.
- Each workgroup reflected the core mission of H20, to support those experiencing mental illness and homelessness to find the three ingredients necessary for a whole life: PEOPLE to love, PURPOSE to live, and PLACE to call home.
- Through these workgroups, stakeholders identified the group's top ideas for DMH to purse using Innovation funding. As a result of this process, the Hollywood 2.0 community map was created.



#### H20 Map Key Components

- A. Hollywood Respite and Recovery
- B. Employment
- C. Anew Dawn Board and Care
- D. Clubhouse
- E. Interim Housing (Mark Twain and Hollywood Walk of Fame)
- F. Local events and community meetings
- G. Hollywood Mental Health Cooperative Clinic \*slated to become online Spring 2025

## 2 Staffing

Increased staffing for new field-based teams which reduced response times noticeably and created easier access to treatment for those too vulnerable to access the clinic.

3 Treatment Team



Development of the Hollywood Mental Health Cooperative which is an innovative treatment team approach combining outpatient and intensive field services, in partnership with the community, that center around an individual's needs.

# PROGRAM SPOTLIGHT PILOT PROJECT: HOLLYWOOD 2.0

## FY 23-24 Highlights (Year 2)

1,489 clients served by DMH's Hollywood Mental Health Cooperative.

**First housing comes online -** providing much- needed beds and more comprehensive, innovative care for clients.

		Housing	
Type of Housing	Place	# of H20 Residents	Features
Interim Housing Designed to assist clients	The Mark Twain Hotel	56	-Private rooms -On-site -24/7 clinical care -Working with residents to build out their community garden
with transition to permanent housing	The Walk of Fame Hotel	44	-Private rooms -Families, couples, and pet's welcome
Board and Care Provides a higher level of care for clients needing assistance to remain stably housed	Anew Dawn	76	-Highly Enriched Residential Care Services -Provides enhanced staffing, daily groups, and community activities for residents

The Hollywood Clubhouse popup opens on Sunset Boulevard -

meeting weekly with initial ambassador members—in anticipation of a wider launch in Year Three. Clubhouse members support LAHSA's 2024 Point In Time Homeless Count, for which H4WRD served as the Deployment Site Coordinator for Hollywood.

**DMH and H4WRD hosts H20 community events** - including ongoing H20pen Houses, and Health and Mental Healthcare (HMH) Provider Workgroups.

**RAND** contract executed and evaluation planning begins.

#### **IDEO** contract executed, and awareness campaign planning begins.

#### **Client Successful Story**

K is a 35-year-old African America, transgender female that the HMH Co-Op field-based team began engaging while on the streets in Hollywood. K was often found not wearing adequate clothing for the winter months, difficult to understand, with a large, infected wound on her arm. With patience and consistent visits from team members ranging from community health workers to the street psychiatrist the team slowly began building rapport and addressing her most immediate needs. The team learned that the wound on her arm was from a previous car accident that was never properly treated as her mental health symptoms interfered with her ability to obtain proper treatment. We were able to partner with Saban Street Medicine to ensure she received proper care and treatment. K was hesitant about going into housing, and "liked her freedom" living outside, she was also concerned about leaving her partner who she shared a tent with. Although K was not initially interested in medication services our psychiatrist often visited her to bring her food and clothing and focused on understanding her day-today struggles. After some time, she eventually agreed to psychiatric medications to abate some of the psychotic symptoms for her methamphetamine use. Once she began treatment and rapport with the team strengthened, she was more agreeable to housing and agreed to tour the Mark Twain with her partner. She began meeting with our substance abuse counselor and both she and her partner moved into housing at the Mark Twain. We were able to connect her to gender affirming care and bought her wigs to help her regain confidence she reported to have lost during her time on the streets. Once she settled in at Mark Twain, she started attending onsite groups, community outings, and became more and more committed to her sobriety. K continues to grow her sense of community and is now a greeter at the Hollywood Clubhouse with goals to pursue permanent housing and employment.

\*Name has been changed to protect confidentiality.