

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
**Service Area leadership Team Monthly Meeting**  
**Service Area 1**

**Palmdale Mental Health Center**  
**2260 East Palmdale Blvd., ste. J**  
**Palmdale, CA 93550**  
**February 20, 2025**  
**3:00pm – 5:00pm**

[Microsoft Teams Link](#) / [Closed Caption Link](#)  
Email: [SALT1@dmh.lacounty.gov](mailto:SALT1@dmh.lacounty.gov)

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
Welcome, Land Acknowledgements, and Introductions (3:00 – 3:15)	Meeting facilitated by Natalie Williams of SA1 Admin Land Acknowledgement presented by Co-Chair Rudy Perez Attendees introduced themselves If there are attendees who need a language interpreter, please let the facilitators know as there is Spanish-speaking interpreter available in-person.	Rudy presented land acknowledgement	Natalie Williams Rudy Perez	N/A
Review and Approve Meeting Minutes from 1/16/25	Paper copy available in training room, distributed prior to meeting via e-mail, and posted on screen for online attendees.	Motion by Michael Dutton to approve. Seconded by (MHALA person) Approved.	Rudy	N/A
Close out Previous Topics based on approved minutes	Budget Update – Gabby Muniz  \$60,085 spent and budgeted to date Women’s event DCFS prom event		Gabby Muniz	N/A

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	May is MH Month \$20K approved Juneteenth event \$10K approved.	Planning meeting Febr 6 <sup>th</sup> at 6:30 pm. All are welcome. There will be breakout subcommittees.		
Report Out on DMH O&E and other Outreach and Engagement Activities	<p>Past events</p> <p>Feb. 8th Black History Month event with CASA, over 100 participants. Keynote speaker was Preston Pollard, meaningful panel presentation. Event was enjoyed by SALT members. Space was inviting, welcoming and relaxing, and came together well. SALT covered decorations, food, keynote speaker.</p> <p>Upcoming Events</p> <p>February 22<sup>nd</sup> Sickle Cell Awareness Walk, Palmdale</p> <p>PopUp Prom in collaboration with DCFS on March 8th</p> <p>March 22<sup>nd</sup> 10:30 to 4 Women’s Symposium in partnership with City of Palmdale, to be held at Legacy Commons</p> <p>Women’s History Exhibit in partnership with Palmdale Women’s Club and Action 4 Kids. March 15<sup>th</sup> at the Palmdale Women’s Club.</p> <p>You Are Loved with City of Palmdale and pastor Abner Diaz April 19<sup>th</sup> at Poncitlán Square.</p>		Diana Luna Miller	

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Presentation: <b>Sonya Young Aadam</b> with the CA Black Women's Health Project (CABWHP)	<p>CEO of California Women’s Black Health Project Joined by Carlene Davis, VP of Strategy and in-house evaluator.</p> <p>Here today to share the work the organization is doing. CABWHP is a statewide nonprofit organization committed to State’s 1.2M Black women and girls. Focus on areas of health from preconception to aging. Manteral mental health, violence prevention, and other health disparities. Organization is 30 years old.</p> <p>Presentation on services provided through Sister Circles program and curriculum. Beyond training, the program honors lived experiences. Program is not designed to be therapy, but is a precursor, follow-up and supplement to therapy. Program is a community-defined evidence practice, in partnership with Loyola Marymount University.</p> <p>There is a desire to conduct these trainings in the Antelope Valley. Currently offered in the Los Angeles basin as well as Riverside County. Sessions are in-person and hybrid, day-long workshop with follow-up</p> <p>Funded by the California Department of Public Health. Part of the California Reducing Disparities Project. A community-defined evidence based practice.</p>		Sonya Young Aadam and Carlene Davis	
Committee Reports	Co-Chair Meeting:		Rudy Perez	N/A

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	<p>Focus this last meeting was on spending budget. Requests should be submitted at least 2 weeks in advance. SPA1 and SPA5 are doing well with spending.</p> <p>CAF orientation for current and new co-chairs coming up.</p> <p>“Beyond the Walls” – in SPA5 where events are geared towards evenings or more flexible hours. The February 8<sup>th</sup> event was a Beyond the Walls event in SA1.</p> <p>Stakeholder newsletter is coming back. Jamie Walker reported that there is an outside organization that is producing the newsletter.</p> <p>UsCC Committee</p> <p>Wendy went on a senior trip to the California African American Museum. Reported out on the extensive work of Georege Washington Carver. Wendy introduced a friend who also attended this trip.</p> <p>UsCC meets every other month, with next meeting in March. 3<sup>rd</sup> Wednesday in March.</p> <p>DMH Report</p> <p>Homeless Count</p> <p>New staff Lynette Olivares with AVMHC FSP and Yvette Perez with SA1 Administration</p>		<p>Wendy Cabil</p> <p>James Coomes</p>	
Consumer and Family/Supporters Time (Public Comments)	<p>Concerns raised included:</p> <p>Appreciation for collaboration between AV Bridges and Palmdale Mental Health Center resulted in positive outcome for client.</p>			

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	<p>Supervisor from housing program assisted SALT member in advocacy. Primary healthcare provider has stepped up, and new mental health case manager with MHALA has been assigned.</p> <p>What are agencies and DMH doing in preparation for artificial intelligence. Community member has started using ChatGPT for personal mental health care support. A second participant noted that ChatGPT information is outdated. Importance of having updated websites as many of these AI services are dependent on current web resources. Belief that mental health will remain “analog”</p> <p>Kaiser behavioral health is still on strike. Next discussion at the table is March 6<sup>th</sup>.</p> <p>NAMI AV has live support group called Connections at NAMI AV office at Avenue J and Lowtree. See Nick for more information.</p> <p>Need for more resources for hate-related behaviors in the community.</p> <p>Agency updates: National Parent Resource Fair Parents Anonymous is having a National Parents Leadership Month Resource Event - February 28, 2025 from 2:30pm to</p>	<p>Nick will share information with Natalie to post for all members.</p>		

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	<p>5:pm. It will be located at the Sycamores - 861 Trade Center Drive, Palmdale CA.</p> <p>Palmdale Sheriff’s Station Blood Drive. El’s Lodge. Flyer to follow.</p> <p>CCRC – Free TF-CBT program.</p> <p>MHALA - This Saturday the Boulevard is hosting a Black History Month event. Flyer on Lancaster Sheriff’s Facebook page.</p> <p>MHALA has partnered with AV College to have staff on campus, including TAY, Caring Minds for Youth and Veterans in the student service center.</p> <p>AVMHC starting a group to support clients and community through political climate. Safe space for community members. Starting March 6<sup>th</sup> via telehealth. Open to the community.</p> <p>OUTReach Center AV has Bolder and Brighter Campaign to revamp center. Currently accepting applications to help sponsor Pride 2025.</p> <p>AV Senior Center on Jackman Street – talking about scams with Department of Consumer Affairs.</p> <p>Immigration info to be distributed</p>			

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	Request for mission of SALT1 to be printed on agenda and in minutes.  Evening SALT meeting will take place in April.			
New Topics and Presentations	211  AV Senior Resources  VPAN, Jimmy Guevara and Esmeralda from the Veteran’s Center.			
Questions/Comments				
Closing	Meeting adjourned at 4:47 pm.			

**Attendees:** 26 in-person, 29 online. See sign-in sheet