

## Addressing Treatment Engagement Issues with Youth Ages 11 to 18

**DATE & TIME:**

**April 22, 2025**

**9:00AM - 12:00PM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:**

**Web Broadcast – MS TEAMS**

**REGISTRATION:**

**<https://eventshub.dmh.lacounty.gov>**

**DESCRIPTION:** This training will consist of both didactic and experiential components that are tailored towards Los Angeles County Department of Mental Health outpatient clinic staff that work with youth ages 11 to 18. Clinicians new to the field may encounter a clinical situation for which their academic studies did not prepare them: engaging a youth who has been brought to therapy, against their will, by a parent or caregiver. This youth has no incentive to interact with a clinician, as compared to a youth mandated by an outside entity such as a juvenile court, to attend therapy. The training will improve the overall knowledge of engagement in psychotherapy so that 1) staff will increase their understanding of components contributing to engagement with youth; 2) staff will increase the awareness of their own cultural variables contributing to treatment engagement; and 3) staff will have knowledge of specific engagement strategies with youth.

**TARGET AUDIENCE:** DMH staff rendering services to children and youth.

**OBJECTIVES:**

**As a result of attending this training, participants should be able to:**

1. Describe research relevant to the treatment engagement with youth.
2. Describe adolescent brain development and clinical applications for engagement in treatment.
3. Describe one developmental issue for each of the developmental age ranges.
4. Identify 3 cultural practice components contributing to engagement with clients.
5. Identify 3 trauma-informed engagement strategies.
6. Describe an engagement strategy for each of the 3 client developmental age ranges.

**CONDUCTED BY:**

**Olga Belik, Ph.D.**

**COORDINATED BY:**

**Brian Yager, Mental Health Training Coordinator**  
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**DEADLINE:**

**April 21, 2025 or when maximum capacity is reached.**

**CONTINUING  
EDUCATION:**

**3.0 hours for BBS, BRN, CCAPP-EI**  
**3.0 CE for Psychologist**

**COST:**

**NONE**