

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### LONG BEACH MENTAL HEALTH SERVICES (MHS) ADULT CLINIC

#### Social Work

☒ Internship/☐ Practicum

Specialization:



<b>DMH Agency:</b>	<b>Long Beach Mental Health Services Adult Clinic</b>	
<b>DMH Agency Address:</b>	2600 Redondo Ave 3rd Floor Long Beach, CA 90806	<b>Service Area</b> <b>#8</b>
<b>DMH Agency Liaison:</b>	Nancy Perez	
<b>New or Returning:</b>	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	naperez@dmh.lacounty.gov	
<b>Liaison Phone Number:</b>	562-256-2988	
<b>Liaison Fax Number:</b>	562-684-0670	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

#### Student Requirements:

<b>How many positions will you have?</b>	2
<b>Beginning and ending dates:</b>	Open to school dates (MSW)

#### Student Schedule: Tuesday through Friday

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
<b>Monday</b>	8:00 AM-5:00 PM
<b>Tuesday</b>	8:00 AM-5:00 PM
<b>Wednesday</b>	8:00 AM-5:00 PM
<b>Thursday</b>	8:00 AM-5:00 PM
<b>Friday</b>	8:00 AM-5:00 PM

<b>Total hours expected to be worked per week:</b>	16 -20 (depending on program)
<b>Number of direct client hours per week anticipated:</b>	10-15
<b>Expected average consumer caseload:</b>	4-6 clients & group
<b>What cultural groups typically received services at your site?</b>	African American, Hispanic, Asian, Caucasian

## Student Professional Development Program

### Description of Site: *(Please describe the type of Agency setting and services offered)*

Long Beach Mental Health (LBMH) is one of the largest outpatient community mental health centers operated by Los Angeles County Department of Mental Health. Its mission is to provide mental healthcare to adults (i.e., 18 and older) who struggle with a range of mild-to-severe mental health conditions. Our patients are quite diverse with respect to their racial, cultural, gender and sexual identities and socioeconomic backgrounds. Services are provided in English and Spanish, and include clinical assessment, individual and group therapy, psychotropic medication management, crisis intervention, case management and consultation-liaison services with community partners.

### Target population and types of services provided: *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input type="checkbox"/> <b>Community Outreach</b>
<input type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input type="checkbox"/> <b>Children &amp; Adolescents</b>	<input type="checkbox"/> <b>Long term treatment</b>
<input checked="" type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input type="checkbox"/> <b>Older Adults</b>	<input checked="" type="checkbox"/> <b>Screening and Assessment</b>
<input type="checkbox"/> <b>Court/Probation referred</b>	<input checked="" type="checkbox"/> <b>Psych Testing (For psychology students only)</b>
<input checked="" type="checkbox"/> <b>Consultation/Liaison</b>	<input checked="" type="checkbox"/> <b>Other (specify): Evidence Based Practices</b>

### What are the most frequent diagnostic categories of your client population?

Depressive Disorders, PTSD, Anxiety Disorders, Adjustment Disorders, Bipolar I & II Disorders, Schizophrenia-spectrum Disorders, Cluster B Personality Disorders, and co-morbid Substance Use Disorder(s).

### What specific (perhaps unique) training opportunities do students have at your agency?

Students will gain valuable instruction in evidence-based treatment models through supervision consistent with the theoretical models being delivered (e.g., CBT/DBT). Students will also have opportunities to provide psychodiagnostics assessment, attending numerous seminars/trainings, learn group therapy by co-facilitating, and have their own caseloads.

### What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT and third-wave cognitive behavioral approaches (DBT, ACT, Mindfulness-Based Cognitive Therapy), and Motivational Interviewing.

### Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

LBMH's clinic staff are multidisciplinary, including Psychologists, Psychiatrists, Clinical Social Workers, Medical Caseworkers, and Service Extenders/peer specialists.

### List locations where students will be providing services **other than agency?**

Long Beach community when participating in community events, client community outreach, and support clients in the community.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes ☒ No ☐

Authorizations will be required.

### Student Professional Development Program

#### Supervision:

*What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.*

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	License Clinical Social Worker
Group:	1	License Clinical Social Worker

What is the minimum ratio of supervision to client contact hours?

1:4

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

No.

#### Agency Application Process

**Mandatory requirements:** *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

#### DMH Staff/Field Instructor completing this form:

Nancy Perez

Title: Psychiatric Social Worker II

Email: naperez@dmh.lacounty.gov

Date: 2/5/2025

Program Manager: Emilia Ramos

District Chief: Jennifer Bailey Hernandez

☒ Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: 

Date: 2/5/2025