

**Los Angeles County Department of Mental Health
API Underserved Cultural Communities (UsCC)
Subcommittee Meeting Minutes
November 17th, 2024, 2:00 pm-4:00 pm**

Present: Maria Tan, Richer San, Tuan D. Nguyen, Norio Iwahori, Anjali Singh, Samnang Tith, Christina Myers, Chanthy, Krystal Fermin, JR Kuo, Nour Bouchakra, Mikey Olbes, Sithea San, James Choi, Mariko Kahn, Grace Leung, Gustavo Martinez, Angelina Mendoza, Blanca Watson (1804), Kerry Chhay, Sheila Wu, Charity Wang, Michelle Wong (7622), Sanghak Kan, Catherine Kaila Manantan, Yue Hua Xu, Sheetal Ayyatan, Bea Leung, Jennifer Norman, Rocco Cheng Korean Interpreters: Samantha Yu, Sun Lim CART Captioner: N/A DMH Admin: Jennifer Alquijay	
Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions	Co-Chairs and Subcommittee Members
Land Acknowledgment	Co-Chairs, Jennifer Alquijay LA County Land Acknowledgment: https://lacounty.gov/government/about-la-county/land-acknowledgment/
Review of Meeting Minutes	The meeting minutes of October 2024 were approved with the addition of the 3 names that were not counted for attendance. Motion by Tuan D. Nguyen to approve minutes and seconded by Sithea San.
DMH Updates *** Reminder of CPT Mtg 11/19***	Jennifer Alquijay provided some updates. - Still have one big project and a smaller Outreach project waiting for ISD to update. - o We will support vendors. All projects need to be finished by June 30th, 2025 Michelle: asked about main project waiting for bidding – hard to hear – Dr. Alquijay stated she will circle back to Project questions as Capacity Building is in Agenda.
Stakeholder Newsletter Presentation	Christina Myers and Nour Bouchakra presented. - Idea Hall: a creative communications agency based in California. - DMH is the liaison between Idea Hall and all UsCC Subcommittees. - Each newsletter will contain 20 pieces of Stakeholder content. - A scoring tool will be used as part of the review process. - Call for content submissions will open January 10th, 2025, and close January 31st, 2025. - Each content submitter will be updated on all decisions made. - Newsletter can be translated (professionally) to other languages upon request.

	- Newsletter will be distributed electronically and possibly printed on a case-by-case basis. - Anyone within the UsCC groups/audiences can submit content.
Capacity Building Project Update & Discussion	Dr. Alquijay - 3 big projects and 1 smaller one - o Cambodian Youth still pending for bidding. - o Southeast Asian Youth was awarded to Cambodia Town. We will be having the Initial Vendor Mtg this week. - o Stress Management was awarded to Human Beauty Movement. We will be having the Initial Vendor Mtg this week. - o Outreach Project is also waiting on ISD. - We will let UsCC members know when there are updates. - Cambodian Youth announcement should be in the next week or two. (Chanthy asked for timeframe)
Project Presentations JR Kuo	Storytelling Theater for Healing & Social Justice - Shared presentation - o Goal is to increase awareness related to mental health stigma and discrimination. - o Broke down the project into 6 steps. ▪ Recruitment ▪ Story-sharing ▪ Script Development: Intergenerational conflict and mental health • Title of script: Red Door - o Red is auspicious in Asian culture. Behind every door is a family and their untold stories. ▪ Rehearsal ▪ Community Outreach ▪ Performances - o A total of 253 Unique attendees – Based on sign-in sheets. - o Positive results: ▪ 22% of attendees improved their knowledge of where to find mental health resources. ▪ 41% of attendees felt more comfortable discussing and seeking mental health support. ▪ 86% of attendees reported feeling inspired to discuss mental health and combat stigma after attending the workshop/performance. - o Explained the challenges and successes faced throughout the Project. - o Open to collaborating to continue spreading awareness. *Post link of presentation on website.
API UsCC Brochure	Dr. Alquijay shared the Draft of the API trifold brochure. Richer: Diverse group – add more representation / flowers / arts for each community.

Community Announcements & Open Discussion on Non-Agenda Items	Richer San: - Cambodian community had the best time over the weekend. There was a two-day conference. Celebrate the release of Cambodian American study model curriculums. - California Department of Education plan to release the curriculum next year. - Curriculum will be taught K-12 throughout California - Link of curriculum: Mariko: - Two presentations: - o Joy and Agony of Creating Cambodia Town ▪ How did it form and how the name came about? - o Cambodia Town Tour ▪ Two Groups – separated and went to a location and then switched. • Mark Twain Library – its significance to the community • Bridal shop – learned about marriage traditions and the wedding ceremony. ▪ Went to a temple – explained the various traditions. • How you greet the monks • How you enter the temple ▪ Walked to various locations A • A restaurant and exposed guests to Cambodian food • Taught a Cambodian dance. Sithea: - Shared curriculums break down on the website that was shared in chat. - Curriculum is broken down into 4 parts: - o Introduction to Cambodian History - o Genocide in Cambodia - o Cambodian Diaspora - o Community Building and Healing Mariko: - Over 200 people gathered for the celebration Thursday night. - Thanked Richer and Sithea for raising the funds which allowed the event to be free for all the invitees. - Had a dinner and a blessing dance
Project Presentations Rocco Cheng	Recovery Talk – Recovery is Possible Project - Shared PowerPoint - Logo created for project – a red heart with a white cut out that looks like a lady but also a thumb up. - Are API community members healthier or are the low percentages of community members receiving mental health low because of lack of resources? - Required recruitment: - o 10 bilingual presenters from the following communities ▪ Chinese, Khmer, Korean, Pilipino, and Vietnamese

- Final team consisted of:
 - o 3 Chinese, 2 Khmer, 2 Korean, 2 Filipino, and 1 Vietnamese
 - o 8 Females, 2 Males
 - o 9 immigrants, 1 US born.
 - o 8 peers, 2 family members
 - o Camera person: Filipino
- Each presenter shared their story in English and/or one Asian language.
 - o Had 10-15 minutes to share their story.
 - o Each presenter filmed in the comfort of their homes and in office settings.
- Goal:
 - o Raise awareness and instill hope.
 - Sharing the final video with local CBO's, agencies, and social media
- Rocco's role:
 - o Protect the presenters and support them as they went through the process of being retraumatized as they told their stories.

Acknowledged Richer and Sithia. Volunteered to review the Khmer translations.

- Went over what the SOW required.
 - o Ex: had more community events, presenters attending events, more videos produced, etc.

Thanked all presenters and collaborators.

Shared screen to show a clip of one of the presenters. - Not sharing link as video has not been approved to share.

Upcoming Meeting: (2:00 pm-4:00 pm)

For more information about the API UsCC, please see its website:

<https://dmh.lacounty.gov/about/mhsa/uscc/asian-pacific-islander-api-uscc/>