

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### Agency/Program Name

*What discipline? (Marriage and Family Therapy and Social Work)*

☒ Internship/☐ Practicum

Specialization: (West Central Family MHC provides Specialty Mental Health Services to children, adolescents and adults, to help improve their overall mental health and well-being. In addition to our Adult Outpatient program, we have a Full-Service Partnership program that offers field-based services and a CalWorks program that offers services to support consumers referred to us by DPSS with securing gainful employment.)

<b>DMH Agency:</b>	<b>West Central Family MHC</b>	
<b>DMH Agency Address:</b>	1720 E. 120 <sup>th</sup> Street, Los Angeles, CA 90059 (we will be relocating to 3609 10 <sup>th</sup> Avenue, LA, CA 90018 in Spring 2025)	Service Area <b>#6</b>
<b>DMH Agency Liaison:</b>	Amber Liberty Washington	
<b>New or Returning:</b>	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	ALiberty@dmh.lacounty.gov	
<b>Liaison Phone Number:</b>	(424) 358-5460	
<b>Liaison Fax Number:</b>		
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

#### Student Requirements:

<b>How many positions will you have?</b>	2
<b>Beginning and ending dates:</b>	August 2025 through May 2026 or September 2025 through June 2026

#### Student Schedule: Tuesday through Friday

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
<b>Monday</b>	TBD
<b>Tuesday</b>	TBD
<b>Wednesday</b>	TBD
<b>Thursday</b>	TBD
<b>Friday</b>	TBD
<b>Total hours expected to be worked per week:</b>	Up to 20 hours
<b>Number of direct client hours per week anticipated</b>	Maximum of 10

<b>Expected average consumer caseload:</b>	Up to 10 clients
<b>What cultural groups typically received services at your site?</b>	African American/Black, Latino, Homeless, Dual Diagnosis
<b>Student Professional Development Program</b>	

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

West Central Family Mental Health Center is a Los Angeles County Department of Mental Health directly operated clinic that provides Specialty Mental Health Services to individuals with chronic and persistent mental health issues. Clients receive medication support services, individual and group therapy, and targeted case management. Interns will provide screening and assessment, individual psychotherapy and facilitate therapeutic groups.

**Target population and types of services provided:** *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input checked="" type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input checked="" type="checkbox"/> <b>Community Outreach</b>
<input type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input type="checkbox"/> <b>Children &amp; Adolescents</b>	<input checked="" type="checkbox"/> <b>Long term treatment</b>
<input checked="" type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input checked="" type="checkbox"/> <b>Older Adults</b>	<input checked="" type="checkbox"/> <b>Screening and Assessment</b>
<input type="checkbox"/> <b>Court/Probation referred</b>	<input type="checkbox"/> <b>Psych Testing (For psychology students only)</b>
<input type="checkbox"/> <b>Consultation/Liaison</b>	<input type="checkbox"/> <b>Other (specify):</b>

**What are the most frequent diagnostic categories of your client population?**

Major Depression, Anxiety Disorder, Post Traumatic Stress Disorder, Schizophrenia, Bipolar Disorder

**What specific (perhaps unique) training opportunities do students have at your agency?**

DMH offered trainings and individual and group supervision.

**What evidence based practices or theoretical orientations will students be exposed to at this site?**

Cognitive Behavioral Therapy, Seeking Safety, Motivational Interviewing, Dialectical Behavior Therapy.

**Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?**

Yes, our team is currently staffed with Community Health Workers. Some have lived experience.

**List locations where students will be providing services **other than agency?****

Students will be providing services in the clinic. They will not be field based.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes ☒ No ☐

Client must consent to being recorded

### Student Professional Development Program

#### Supervision:

*What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.*

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	LCSW, LMFT
Group:	2	LCSW, LMFT

What is the minimum ratio of supervision to client contact hours?

1 hour for up to 8 clients

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

Previous experience is not required.

#### Agency Application Process

***Mandatory requirements:*** Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

#### DMH Staff/Field Instructor completing this form:

Kimberly Green-Russell

Title: MH Program Manager II

Email: KGreenRussell@dmh.lacounty.gov Date: 2-21-2025

Program Manager: Kimberly Green-Russell

District Chief: Jackie Cox

☒ Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: Kimberly Green-Russell Date: 2-21-2025