



▶▶ Service Area 3 ESGVMHC Men's Process Group

Every Wednesday from 3:00 – 4:30 PM

East San Gabriel Valley Mental Health Clinic (ESGVMHC)
1359 N. Grand Ave., Covina, CA 91724

Join our weekly group sessions, where we delve into diverse topics centered on men's mental, emotional, and behavioral wellness. These meetings provide a supportive space to share experiences, gain insights, and learn practical strategies for personal growth and wellbeing.

Registration is required to participate. To sign up, please notify your caseworker. For more information, contact Shawn Kim at 626-430-2900.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.