

Service Area 7 Peer Resource Center East Los Tacos: Youth Connections

Every Third Tuesday of the Month 2:00 – 3:30 PM

The Service Area 7 Peer Resource Center and East Los Tacos invite you to our Youth Group! This group offers a welcoming space to form meaningful friendships, share your experiences, and express emotions through arts and crafts. Discover strategies to manage stress, anxiety, depression, and other challenges, or simply connect with peers for support. Snacks and water provided.

Here are two ways to join: Virtually on <u>Microsoft Teams Meeting</u> or call 323.776.6996, Conference ID: 983 499 532#

In-person at East Los Tacos 4500 E Caesar E Chavez Ave Los Angeles, CA 90022

This group is bilingual in English and Spanish. For more information, please contact us at <u>SA7PRC@dmh.gov</u> or call 323-705-5992.





HEART-FORWARD

