

County of Los Angeles Department of Mental Health

Student Professional Development Program

Santa Clarita Valley Mental Health Center



DMH Agency:	Santa Clarita Valley Mental Health Center	
DMH Agency Address:	23501 Cinema Dr. Valencia, CA 91355 Suite 200	Service Area 2
DMH Agency Liaison:	Sabrina Barscheski, LCSW Jeffrey Lumaya, LCSW	
New or Returning:	<input type="checkbox"/> New <input checked="" type="checkbox"/> Returning	
Liaison Email Address:	SBarscheski@dmh.lacounty.gov JLumaya@dmh.lacounty.gov	
Liaison Phone Number:	(661) 288-4800	
Agency ADA accessible	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

Student Requirements:

How many positions will you have?	2
Beginning and ending dates:	Fall 2025 – Spring 2026

Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.

Student Schedule:

Monday	8 - 5
Tuesday	8 - 5
Wednesday	8 - 5
Thursday	8 - 5
Friday	8 - 5

Total hours expected to be worked per week:	Varies, depending on if student is F/T or P/T
Number of direct client hours per week anticipated:	Approximately 20
Expected average consumer caseload:	6
What cultural groups typically received services at your site?	Latino, African American, Armenian, Iranian, Russian, Afghani, Caucasian, Asian

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Description of Site: *(Please describe the type of Agency setting and services offered)*

Santa Clarita Valley Mental Health Center (SCVMHC) is a directly operated Los Angeles County Department of Mental Health (LACDMH) outpatient clinic. SCVMHC provides a variety of mental health services, which include intake and assessments, case management, crisis intervention, medication support, peer support and substance abuse counseling. SCVMHC emphasizes Co-Occurring Disorders, Prevention and Early Intervention Plans and offers a variety of group therapy.

Target population and types of services provided: *(please check all that apply)*

<input checked="" type="checkbox"/> Individuals	<input checked="" type="checkbox"/> Psychoeducational groups (e.g. Parenting
<input checked="" type="checkbox"/> Groups	<input checked="" type="checkbox"/> Community Outreach
<input type="checkbox"/> Families	<input checked="" type="checkbox"/> Brief treatment to mid-term treatment
<input type="checkbox"/> Children & Adolescents	<input checked="" type="checkbox"/> Long term treatment
<input checked="" type="checkbox"/> Adults	<input checked="" type="checkbox"/> Crisis Intervention
<input checked="" type="checkbox"/> Older Adults	<input checked="" type="checkbox"/> Screening and Assessment
<input checked="" type="checkbox"/> Court/Probation referred	<input checked="" type="checkbox"/> Psych Testing (For psychology students only
<input type="checkbox"/> Consultation/Liaison	<input checked="" type="checkbox"/> Other (specify): FSP

What are the most frequent diagnostic categories of your client population?

We are a specialty mental health facility providing services to adults with severe and persistent mental illness (e.g. Schizophrenia, Bipolar Disorders, Psychotic Disorders, PTSD, Borderline Personality Disorder, Anxiety Disorders, Major Depression Disorder).

What specific (perhaps unique) training opportunities do students have at your agency?

Students will have the opportunity to work with a diverse treatment team consisting of Licensed Social Workers, Psychologists, Psychiatrists, Nurses, Substance Abuse Counselors and Peers. Students may have Micro/Macro opportunities in their field placements. Students will receive appropriate training and supervision and may have the opportunity to participate in an Evidenced-Based therapeutic training.

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, DBT, Seeking Safety, CORS, Problem Solving Therapy, and Prolonged Exposure Therapy.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes. SCVMHC has a growing peer program. Clinic runs Client Advisory Board meetings monthly. We have a weekly group facilitated by an individual with lived experience.

List locations where students will be providing services **other than agency?**

SCVMHC services are provided within outpatient clinic. FSP services are provided within the clinic and in the field, but it's more likely the opening for the student will be in the outpatient clinic.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes ☐ No ☒

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Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1 hr. or as needed	LCSW, Licensed Psychologist
Group:	2 hours	LCSW, Licensed Psychologist

What is the minimum ratio of supervision to client contact hours?

Does your agency require a particular range of previous experience or specific prerequisite coursework? If so, please explain.

For students to be participating in an MSW, MFT, or Psychology Doctoral Program.

Agency Application Process

Mandatory requirements: Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

DMH Staff completing this form: Jeffrey Lumaya, LCSW, MH Clinical Supervisor

Program Head or District Chief: Sabrina Barscheski, LCSW

Phone #: (661) 288-4800

☒ Program Manager attests to accepting student placements at this site. Date: 2025-2026