

County of Los Angeles Department of Mental Health

Student Professional Development Program

Long Beach Child and Adolescent Program

Social Work
 **Internship**

DMH Agency:	Long Beach Child and Adolescent Program	
DMH Agency Address:	2600 Redondo Ave, 6 th Floor Long Beach, CA 90806	Service Area 8
DMH Agency Liaison:	Jeanet Vargas	
New or Returning:	<input type="checkbox"/> New <input type="checkbox"/> Returning	
Liaison Email Address:	jvargas@dmh.lacounty.gov	
Liaison Phone Number:	(562) 256-2906 ext #2955	
Liaison Fax Number:	(562) 290-0136	
Agency ADA accessible	<input type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

Student Requirements:

How many positions will you have?	3
Beginning and ending dates:	Open to school dates (MSW)

Student Schedule: Tuesday through Friday

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
Monday	8:00 AM-6:00 PM
Tuesday	8:00 AM-6:00 PM
Wednesday	8:00 AM-6:00 PM
Thursday	8:00 AM-6:00 PM
Friday	8:00 AM-5:00 PM

Total hours expected to be worked per week:	16-20 (depending on program)
Number of direct client hours per week anticipated:	10-15
Expected average consumer caseload:	4-6 clients & groups
What cultural groups typically received services at your site?	African American, Hispanic, Asian, Caucasian

Student Professional Development Program

Description of Site: *(Please describe the type of Agency setting and services offered)*

The LA County Department of Mental Health, Long Beach Child and Adolescent Program (LBCAP) is a directly operated clinic providing outpatient psychiatric services to children, adolescents, families, and CalWORKs recipients experiencing emotional and behavioral challenges. We serve families from some of the most marginalized communities who qualify for Medi-Cal, ensuring they have access to high-quality mental health care. Services at LBCAP include individual therapy, family therapy, group therapy, rehabilitation services, targeted case management, medication management and support, and CalWORKs/Supported Employment Services Workshops. Additionally, our team includes supervisors with specialized training in Cognitive Behavioral Therapy (CBT), Eye Movement Desensitization and Reprocessing (EMDR), Trauma-Focused CBT (TF-CBT), and the treatment of postpartum mood and anxiety disorders.

Target population and types of services provided: *(please check all that apply)*

Individuals	Psychoeducational groups (e.g. Parenting)
Groups	Community Outreach
Families	Brief treatment to mid-term treatment
Children & Adolescents	Long term treatment
Adults	Crisis Intervention
Older Adults	Screening and Assessment
Court/Probation referred	Psych Testing (For psychology students only)
Consultation/Liaison	Other (specify):

What are the most frequent diagnostic categories of your client population?

MDD, GAD, PTSD, ADHD, ODD, and adjustment disorder

What specific (perhaps unique) training opportunities do students have at your agency?

LBCAP is committed to training and developing future mental health professionals. Students will receive training in CBT modalities, early childhood mental health (0-5), and trauma-informed care. They will also have the opportunity to gain hands-on experience in group therapy by co-facilitating various groups at LBCAP, including Parenting Groups (English and Spanish), Life Skills, Teen Art Group, Parent and infant groups and Substance Use Disorder (SUD) Workshops.

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, TFCBT, Triple P, EMDR, DBT, Seeking Safety, and Managing and Adapting Practices.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes, interns will be part of the workflow which includes working with ACSW, LCSWs, LMFT, psychologist, psychiatrists, medical case workers, and substance abuse counselors weekly through case disposition meetings and consultations.

List locations where students will be providing services **other than agency?**

Occasionally, students will provide services at the client's home, or school-this is very rare. Also, we provide services via telehealth

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes No

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Student Professional Development Program

Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1-2	LCSW
Group:	1-2	LCSW

What is the minimum ratio of supervision to client contact hours?

1

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

Second year MSW candidates with at least one semester of clinical experience with children, adolescent, and families. Spanish-speaking is a plus.

Agency Application Process

Mandatory requirements: *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

DMH Staff/Field Instructor completing this form:

Jeanet Vargas
Supervisor

Title: Mental Health Clinical

Email: jvargas@dmh.lacounty.gov Date: 1/28/2025

Program Manager: Teri Paulsen

District Chief: Lori Willis

Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: Jeanet Vargas Date: 1/28/2025