COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH SERVICE AREA ADMINISTRATION Service Area 7

SALT 7 Minutes 12/13/24 10am-12pm

Join Microsoft Teams Meeting

+1 323-776-6996 Conference ID: 350 434 600#

| Agenda Items | Discussion | Action Item | Person Responsible | Due Date |
|---------------------|---|----------------------|--------------------|----------|
| Welcome | Jaime Gomez welcomed participants and reminded participants that | On-going | Jaime Gomez/Co- | 1/10/25 |
| | transcripts and minutes of the meeting can be viewed on the SA7 | | chairs | |
| | microsite. The SALT 7 meting was held in hybrid mode held in person | | | |
| | at the Peer Resource Center in Huntington Park. Currently Live | | | |
| | Streaming meeting. Participants shared what they were grateful for | | | |
| | and their hopes for the new year. Land Acknowledgment was | | | |
| | recognized Raul Garcia from the American Indian Counseling Center. | | | |
| Co-Chair Updates | 1.Co-chairs invited participants to check the LACDMH Service Area 7 | | Yvonne Sandoval | 1/10/25 |
| Yvonne Sandoval and | for ongoing activities and encouraged participants to share the | | Sydney Tabizon | |
| Sydney Tabizon | Service Area 7 Leadership Team on the second Friday of every month | Updates are on-going | | |
| | to learn more about services in the department. | | | |
| | 2. The START has a QR Code allowing peers to log on and look for | | | |
| | trainings that are free. Peer Support classes are free. | | | |
| | 3. The City of Commerce has mental health workshops at the senior | | | |
| | center twice per month by the United Health Promoters. The next | | | |
| | workshop will be on the first Wednesday of 2025. | | | |
| | 4. Care Court is currently operating out the Norwalk Court House. | | | |
| | 5.Access Network (VPAN) creates non-barriers for family members | | | |
| | and veterans. | | | |
| | 6.Ms. Tabizon shared the personal story of singer Selena Gomez and | | | |
| | her charitable donations and advocacy for mental health and LGTBQ | | | |
| | communities. | | | |

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| | 7. Encouraged participants to reflect and look at things as "the glass is full and not half empty." | | | |
| Manuel Rosas, Chief, SA7 Updates | 1.Introduced Ms. Gabriela Vazquez new Program Manager at American Counseling Center (AICC) will be moving to Santa Fe Springs within the next year. 2.DHCS has put out the policy with regards to BHSA and there is an opportunity for community feedback for provider feedback. The Los County website will be accepting feedback until 12/16/24. The comments generated will be compiled and sent to the state. Encouraged participants to review the policy and have a voice in the process as the system is evolving and changing. 3. The LOCUS system will be launching next week. Rio Hondo Mental Health will be pilot the project. 4. FSP is struggling with capacity issues and is seeing an increase in referrals from clients coming in with acute symptoms. 5. FSP Navigators work diligently with providers in assessing clients for possible step down in the level of care and bringing in clients that need higher levels of care. | | Manuel Rosas | 1/10/25 |

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| Agenda Items Presentation by Idea Hall | Ms. Christina Meyers and Nour Bouchakra from Idea Hall, a Southern California based communication agency specializing in branding and integrated marketing communication. They are currently working with Dr. Darlesh Horn in creating a quarterly newsletter and meeting with all SALT's and UsCC teams. Content will be generated from the stakeholders and turned into the newsletter thus providing additional educational resources to consumers, peers and family members. The newsletter seeks to amplify the personal experience and voices of the authors as they share unique and varied experiences. Any of the | Action item | Person Responsible | Due Date |
| | submissions that are accepted will receive a \$50 stipend. The content can be submitted in the threshold languages of Los Angeles County. There will be a quarterly call for article submissions. The first newsletter is set to be released before the 2024 holiday season. The first call of submission will be early January 2025. Submissions will be selected using the DMH scoring tool thus making all submissions equally weighted. | | | |
| Provider/Public Announcements | 1.Ms. Amanda Montelongo new participant to the SALT and is the new Administrator for Telecare FSP Program. 2.Gabriela Vasquez, new Program Manager for American Indian Counseling Center. | On-going | Providers and community members | 1/10/25 |

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| | 3.Pearl from Easterseals, an agency that trains providers in treating mental health disorders for individuals with autism or mental disabilities. 4.Armando from Pacific Clinics shared the men's support group and SUD program. For further information contact Ms. Brenda Castaneda at 562-949-8455. 5.If anyone is in need of a Peer Support Group contact Mark Karmatz at 213-447-5728. 5. Rita Murray from NAMI reported that planning for the NAMI walks has begun. Looking for walkers and sponsors. | | | |
| DMH Updates | 1.Jaime Gomez praised the work of Peer Network Project Return. An agency dedicated to the empowerment of peers in providing training and work ready programs. 2. The Clergy Breakfast will take place on January 15 from 10am-12pm. Flyer was shared on the chat. On January 22, 2025, at the East Los Angeles Library their will be the Mind, Soul and Body Community event from 10am-2pm. | On going | DMH Staff | 1/10/25 |

Attendees: 55