



▶▶ SA 7 Roybal Family Mental Health Center Presents: Resilience Rebels

Tuesdays from 3:30 PM – 4:30 PM

Roybal Family Mental Health Center

4701 Cesar E. Chavez Ave., 2nd Floor, Los Angeles, CA 90022

Are you looking for a community where you can build new connections, reflect on shared experiences, and practice emotional awareness? Join our Resilience Rebels group! This is a supportive environment for youth experiencing symptoms of ADHD. Connect with peers and discover additional coping strategies to add to your toolkit.

For more information, please contact Mari Loera, Mental Health Clinical Supervisor, at 323-267-3400. To enroll in this group, scan the QR code and submit your information. A member of our team will contact you to verify enrollment.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.