



▶▶ SA 7 Roybal Family Mental Health Center Presents: Healthy Vibes, Strong Ties

Fridays from 3:30 PM – 4:30 PM

Roybal Family Mental Health Center

4701 Cesar E. Chavez Ave., 2nd Floor, Los Angeles, CA 90022

This group is for adolescents who want to explore and understand the foundations of strong, respectful, and positive relationships. Youth will develop skills in effective communication, conflict resolution, boundary setting, identifying signs of healthy versus unhealthy relationships, and enhancing self-esteem and self-confidence.

For more information, please contact Mari Loera, Mental Health Clinical Supervisor, at 323-267-3400. To enroll in this group, scan the QR code and submit your information. A member of our team will contact you to verify enrollment.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.