



Evaluation only.

Created with Aspose.Slides for Java 23.6.

Copyright 2004-2023 Aspose Pty Ltd.

API RECOVERY TALK

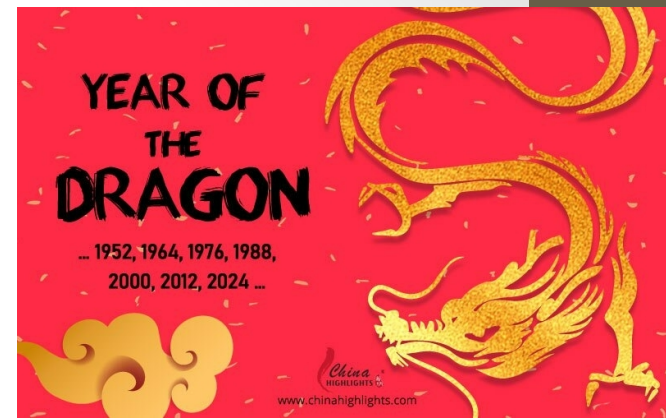
RECOVERY IS POSSIBLE!

C. Rocco Cheng, Ph.D.

Rocco Cheng and Associates

November 18, 2024

Agenda



- What are the issues
- Review of the project: SOW targets
- Update on the API Recovery Talk Project
 - Re-creation with Aspose.Slides for Java 23.6.
 - Training, coaching, and self-care
 - Developing draft stories
 - Filming & editing
 - Community showcase event
- A sample video: introduction
- Acknowledgement

Do Asian Americans have Mental Health Issues?



Are AANHPIs Healthier?

- County A: 16% AANHPIs, 1% in MH System
 - County B: 15% AANHPIs, 2% in MH System
 - County C: 26% AANHPIs, 2.4% in MH System
- Created with Aspose.Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.
- Is it because AANHPIs are healthier or is it due to **disparities** in accessibility, availability, affordability, appropriateness, and acceptability of mental health services?

AANHPIs are Not All the Same



API Recovery Talk and Diversity

SOW: working towards diversity

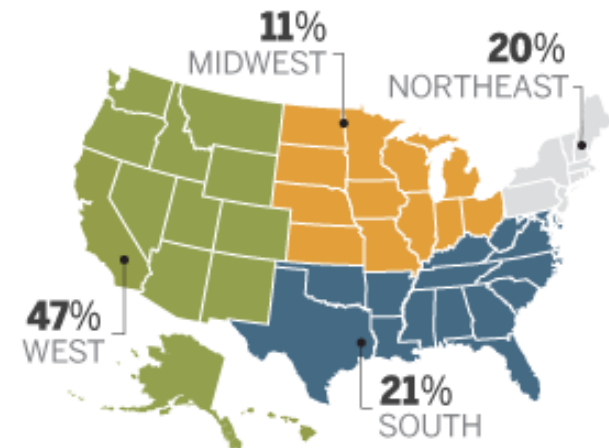
- Recruit 10 Bilingual presenters from these communities: Chinese, Khmer, Korean, Pilipino, Vietnamese
- Interviewed and recruited 13 presenters and 10 stayed until the end of the project

Evaluation only.

Created with Aspose Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.

Final team

- 3 Chinese, 2 Khmer, 2 Korean, 2 Filipino, 1 Vietnamese
- 8 Females, 2 Males
- 9 immigrants, 1 US born
- 8 peers, 2 Family members
- Cameraperson: Filipino





Evaluation only.
Created with Aspose.Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.

UPDATE ON THE API RECOVERY PROJECT

Objectives



- **Storytelling**

- Each presenter will share her/his story in English and/or one Asian language

- 10-15 minutes

- Film in a private studio/location

- **Raise awareness and instill hope**

- Share the final videos with local CBOs
- Make videos available to agencies
- Make videos available to social media

Evaluation only.
Created with Aspose.Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.

API Recovery Talk Project Timeline

- April to September: recruitment
- June: work on draft stories
- July: rehearse with the consultant
- August/September: filming
- October: community showcase events



Preventers' Contribution



- Develop draft story
 - **The issues:** MH conditions & challenges
 - **The challenges:** stigma, discrimination, availability of effective services and linguistically services
 - **Personal efforts** in dealing with these challenges
 - **Self-care**
 - **Hope:** recovery is possible

Created with Aspose Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.

Recovery Story, Rehearsal, Filming

- Draft stories and edits
- Rehearsal, rehearsal, rehearsal on Zoom
- Filming at person's home and office setting

Evaluation only
Created with Aspose.Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.

Communication w/ Consultant

- E-mail, texting, phone calls
- Zoom meetings

• Issues, challenges, supports

• Rehearsal

Evaluation only.

Created with Aspose.Slides for Java 23.6.

Copyright 2004-2023 Aspose Pty Ltd.



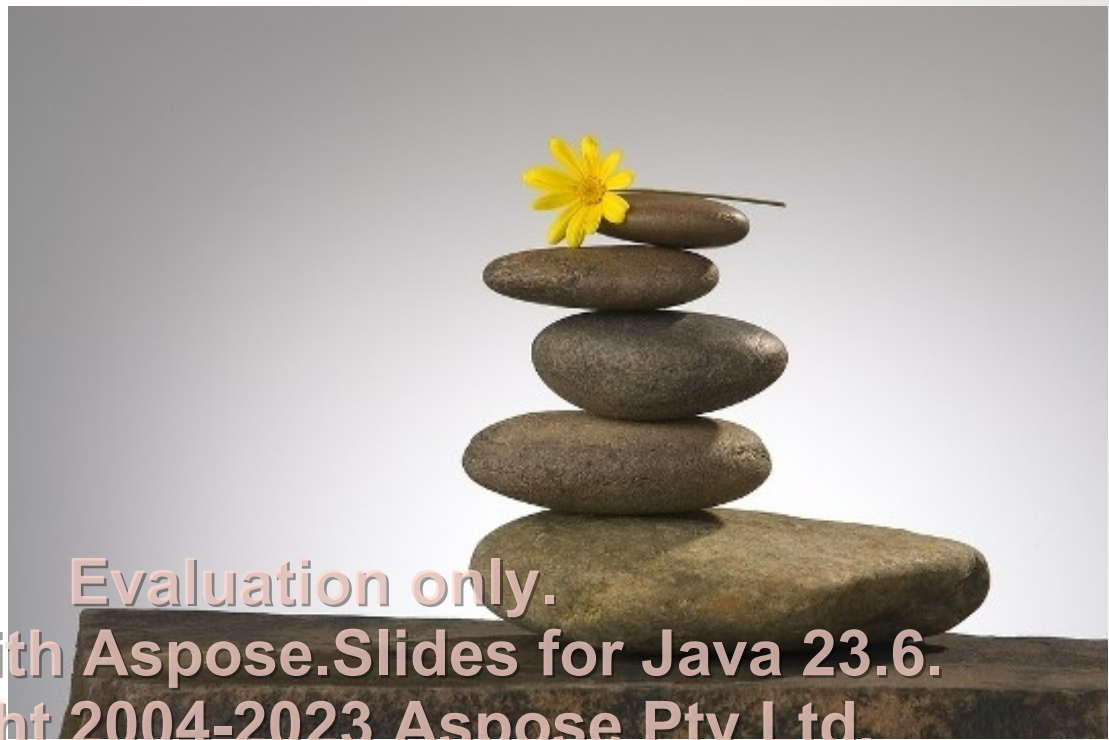
Community Showcase

- A total of seven events were hosted in October: 1 Chinese (25@APFC-East), 1 Chinese/Vietnamese (29@APFC), 2 Khmer (41+28@UCC), 2 Koreans (18@APFC-East & 15@APCTC), 1 Tagalog (10@SIPA)
- The Project delivered more than what SOW requirements:
 - 7 community events (SOW: 5)
 - 166 unduplicated attended these showcase events (SOW:125)
 - 6 presenters attended these events (SOW: 5)
 - 17 video produced (SOW: 5 to 10)
 - Attendants showed favorable changes in their knowledge and/or attitude toward mental health struggles

Acknowledgement

- We wish to express our respect and appreciation towards these courageous presenters: JR, Joyce, Kay, Leizl, Patricia, Sambo, Sara, Thuy, Violeta, Wendy
 - We worked together as a great team and looking forward to our picnic in Q1 of 2025
- We also want to thank the wonderful support from our community partners: APCTC, APFC, SIPA, UCC, and Long Beach API Family
- A big thank you to UsCC API Workgroup & DMH staff
- Finally, thank you to Glenalyn Ann for her patience in filming and editing





Evaluation only.

Created with Aspose.Slides for Java 23.6.

Copyright 2004-2023 Aspose Pty Ltd.

AN INTRODUCTORY VIDEO

<https://youtu.be/L0-vBTYxS3U>

Further Questions

- Contact us at: RoccoAssociates@Gmail.com
- Thank you & let's work together!

Evaluation only
Created with Aspose.Slides for Java 23.6.
Copyright 2004-2023 Aspose Pty Ltd.



ROCCO CHENG & ASSOCIATES



C.ROCCO CHENG, PH. D.

RoccoAssociates@gmail.com

— CULTURALLY RESPONSIVE TRAINING, CONSULTATION, & TECHNICAL ASSISTANCE —