



▶▶ Service Area 4 Northeast Mental Health Men Supporting Men

Every Other Friday of the Month
10:00 – 11:30 AM

Northeast Mental Health

3303 N. Broadway, Los Angeles, CA 90031

Our Men Supporting Men group offers a safe and supportive environment where men can come together to offer mutual support and understanding. This group is dedicated to helping men navigate life's challenges by sharing experiences, offering practical advice, and providing emotional encouragement. Through open dialogue and peer connections, men can find solidarity and strength, knowing they are not alone in their struggles. Join us to connect with other men who understand and support your journey toward well-being and personal growth.

This support group is by **referral only**. For more information, call Arman Sirounian at 323-478-8200.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.