

**County of Los Angeles Department of Mental Health  
Student Professional Development Program**

**Agency/Program Name**

**Psychology**

Internship/ Practicum

**Specialization: (List services or populations)**

<b>DMH Agency:</b>	San Pedro Mental Health Center	
<b>DMH Agency Address:</b>	1360 W. 6 <sup>th</sup> Street Ste 200-North Building San Pedro, CA 90732	Service Area <b>#8</b>
<b>DMH Agency Liaison:</b>	Noemi Urgiles, Psy.D	
<b>New or Returning:</b>	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	NUrgiles@dmh.lacounty.gov	
<b>Liaison Phone Number:</b>	310-519-6100	
<b>Liaison Fax Number:</b>	310-256-3151	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

*Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.*

**Student Requirements:**

<b>How many positions will you have?</b>	1
<b>Beginning and ending dates:</b>	First week in September-end of August (end date is flexible)

**Student Schedule: Tuesday through Friday**

<b>Monday</b>	X
<b>Tuesday</b>	X
<b>Wednesday</b>	X
<b>Thursday</b>	
<b>Friday</b>	

<b>Total hours expected to be worked per week:</b>	20-24
<b>Number of direct client hours per week anticipated:</b>	5-10
<b>Expected average consumer caseload:</b>	5-10

<b>What cultural groups typically received services at your site?</b>	Latinx, African American, lower SES
<b>Student Professional Development Program</b>	

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

San Pedro Mental Health Center (SPMHC) is an adult outpatient clinic located in SA8. It is a directly operated LAC-DMH site that focuses on providing clinical assessment, diagnostic formulation, individual therapy, crisis intervention, medication, and case management services to adults exhibiting an array of diagnosis with severe mental illness. Our clinic also utilizes evidence-based practices that include but are not limited to CBT and seeking safety. Our clients particularly range from 18-90 years of age and come from diverse backgrounds which we consequently strive to provide them with culturally sensitive services. We offer supervision in Spanish as well, to further foster Spanish speaking therapeutic skills.

**Target population and types of services provided:** *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input checked="" type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input checked="" type="checkbox"/> <b>Community Outreach</b>
<input type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input type="checkbox"/> <b>Children &amp; Adolescents</b>	<input checked="" type="checkbox"/> <b>Long term treatment</b>
<input checked="" type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input checked="" type="checkbox"/> <b>Older Adults</b>	<input checked="" type="checkbox"/> <b>Screening and Assessment</b>
<input checked="" type="checkbox"/> <b>Court/Probation referred</b>	<input type="checkbox"/> <b>Psych Testing (For psychology students only)</b>
<input type="checkbox"/> <b>Consultation/Liaison</b>	<input type="checkbox"/> <b>Other (specify):</b>

**What are the most frequent diagnostic categories of your client population?**

Depressive, bipolar, anxiety, trauma-and stressor-related disorders, and schizophrenia and other psychotic disorders. As well as substance-related and addictive disorders.

**What specific (perhaps unique) training opportunities do students have at your agency?**

Training may include weekly didactics focused on providing trainings in various areas such as basic clinical principles, trauma informed care, working with maternal mental health, substance use, diagnosis, documentation, etc. Trainings are provided by DMH staff or outside agencies.

**What evidence based practices or theoretical orientations will students be exposed to at this site?**

CBT, DBT, seeking safety, maternity mental health, etc.

**Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?**

Students will work with other clinicians such as psychologist, marriage and family therapists, social workers, medical case workers, and psychiatrists. Students with interface with DCFS, the regional center, and other departments as needed by each case.

**List locations where students will be providing services other than agency?**

Services are provided at San Pedro Mental Health Center and can also include field work in SA8 (and surrounding areas)

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes  No

With client consents.

### Student Professional Development Program

#### Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1-2	Psy.D/Ph.D Supervising Psychologist
Group:	1-2	PsyD/PhD/LMFT/LCSW

What is the minimum ratio of supervision to client contact hours?

2:7

Does your agency require a particular range of previous experience or specific prerequisite coursework? If so, please explain.

Students must be in good standing with their doctorate program. Students with prior experience working with adults and elder adults are encouraged to apply. Students with Spanish speaking ability who are interested in actively practicing and learning therapeutic skills in Spanish are strongly encouraged to apply.

#### Agency Application Process

**Mandatory requirements:** Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

#### DMH Staff/Field Instructor completing this form:

Noemi Urgiles, Psy.D

Title: Supervising Psychologist

Email: [NUrgiles@dmh.lacounty.gov](mailto:NUrgiles@dmh.lacounty.gov)

Date: 11/18/2024

Program Manager: Kathrine Lundy

District Chief: Jennifer Bailey

Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: Noemi J. Urgiles

Date: 11/18/24