

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
SERVICE AREA ADMINISTRATION
Service Area 7**

**SALT 7 Minutes
11/08/24
10am-12pm**

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+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
Welcome	Jaime Gomez welcomed participants and reminded participants that transcripts and minutes of the meeting can be viewed on the SA7 microsite. The SALT 7 meeting was held in hybrid mode held in person at Helpline Youth Counseling in the City of Whittier. Mr. Gomez reviewed meeting ethics and purpose of meeting. Land Acknowledgment was read by Mr. Keith Veille from American Indian Counseling Center. Currently meeting is streaming live on Instagram.	On-going	Jaime Gomez/Co-chairs	
Co-Chair Updates Yvonne Sandoval and Sydney Tabizon	<ol style="list-style-type: none"> 1. Co-chairs attended the Mental Health Commissioners meeting on October 17, 2024. Major issues addressed revolved on street clean-up, MHSA approaches for families with children and the 211 number which offers a multitude of resources for families with children and the 988 Crisis Hotline number. 2. Reported on the importance of self-care, shared a few helpful tips, such as exercise and proper nutrition. 3. Shared information on the monthly meetings held by NAMI and the benefits of participation to help those you love who may be dealing with difficult challenges. 4. Reported that the next SALT 7 meeting on December 13th will be held at the Peer Resource Center. 5. Acknowledged Day of the Dead, events happening throughout the County. 	Updates are on-going	Yvonne Sandoval Sydney Tabizon	12/13/24

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	6. Next commissioners meeting will be on November 19, 2024. Encouraged meeting participants to attend.			
Manuel Rosas, Chief, SA7 Updates	1.Expanding services for men throughout our service area. 2. All service areas are now required by the Board of Supervisors to expand on services for men and fathers. 3.Currently working on the microsite to bring resources for men, fathers, maternal mental health, just a wealth of educational resources for the community. 4.The goal of the April 12 event in Downey the goal is to bring family fun activities and a parenthood panel discussion. 5. AICC has hired a Program Manager and will start on November 18. She will be introduced at the next SALT 7 meeting. Mr. Antonio Banuelos promoted and thus interviewing for Program manager for Rio Hondo. Rio Hondo is the largest adult clinic in Service Area 7. 6.Peace of Resistance will take place on November 15, hosted by AICC. Promotes services for the Native America. 7. Will invite Care Court to come to the SALT and provide updates on Care Court. They have been working on improvements. Mr. Martin Jones is overseeing Family Care Court services.		Manuel Rosas	12/13/24

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Presentation by Dr. Dickerson, AICC Mental Health	Dr. Dan Dickerson presented on “Native American Mental Health and Spirituality.” Spoke on the historical traumas endured by Native American populations which has contributed to mental health and substance abuse problems. Invoked the importance of incorporating spirituality practices and traditions that help when addressing mental health challenges. AICC started a gardening program, it is a community led program. Promotes physical and mental health well-being. It is a way to reclaim culture, connection to land and traditional food. Currently working on the development of Gardening for Health Utilizing Traditions (GHUTS). Working on a preliminary manual on the GHUTS program. Shared the Feast of Resistance event flyer and encouraged everyone to attend.			
Provider/Public Announcements	<ol style="list-style-type: none"> 1. Ms. Diana Casillas reported that Help ME Grow is currently hiring in Service Area 7, the current positions are Mental Health Consultant and Family Partners. The Parent Partner position is 25 hours per week and applicant must be a parent with a child with special needs. 2. Currently have a Fatherhood group in Long Beach. 3. Beyond the Walls will be happening at the Artesia Library on November 12, 2024, from 6pm-8pm. 4. DESI on Whittier Blvd on East Los Angeles has a food pantry every Wednesday on Friday at 10:00am or 10:30am. 	On-going	Providers and community members	12/13/24

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	<p>5. NAMI is holding a fund raiser at the Catalina Jazz Club on November 11, 2024, at 7:30pm</p> <p>6.PATH share information on program. The Disciplinary Trusted Team 7 is out conducting outreach to the unhoused. Housing referrals must be processed through LAHOP.org</p> <p>7.Pennylane offers donations through the generosity of Trader Joe’s every Wednesday after 1pm.</p> <p>8.Mark P. Peer Project Return offers peer support groups.</p> <p>9.Pear from Easterseals is requesting to survey respondents on providers who are providing mental health services to individuals with autism and other intellectual disabilities to make in-house referrals.</p> <p>10. The Whole Child shared information on their home-visit program to children up to the age of 5. The program is free. For more information contact the Whole Child.</p>			
DMH Updates	<p>1.Jaime Gomez announced the launch of the first Men’s Mental Health event in the City of Downey. The event is called Together we Thrive. The goal of providing support not just for men but the entire family. Conducted a poll to approval from the SALT to fund the event. The result was 100% approval to use SALT dollars. Mr. Gomez also invited participants to visit Service Area 7 social media</p>	On going	DMH Staff	12/13/24

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	<p>sites and the DMH microsite for information on all service area collaboratives.</p> <p>2. Ms. Erika Corral shared the upcoming Clergy Roundtable happening at St. Gertrudes in Bell Gardens on November 19, 2024. Dr. Dickerson will be presenting. The Clergy Breakfast was held in Pico Rivera and brought in 52 attendees.</p>			

Attendees: 52