

**Seeking Safety: An Evidence-Based Model for Trauma and/or Substance Abuse****DATE & TIME:****March 6, 2025****9:00AM- 4:00PM**

***All registration is completed on EventsHub prior to the training. Check-in begins 15 minutes prior to training time. All participants must arrive during the check-in period. Late arrivals will not be admitted.***

**PLACE:** Web Broadcast – Zoom for Healthcare Providers**REGISTRATION:** <https://eventshub.dmh.la county.gov/>

**DESCRIPTION:** Seeking Safety is an evidence-based practice for treating symptoms related to trauma, post-traumatic stress disorder (PTSD), and substance abuse. The training will discuss current understandings of trauma and addiction. The presentation will also summarize empathy and understanding of trauma and addiction across diverse populations. The training will analyze the “lens of trauma” and how it applies to diverse populations. The training will also describe Seeking Safety as an evidence-based model for trauma and/or addiction and pay particular attention to adaptation of the model with various subgroups including ethnic-minority populations. By the end of the training, participants can implement Seeking Safety in their setting if they choose to.

**TARGET AUDIENCE:** DMH staff and contracted providers**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Discuss the current understanding of trauma and addiction.
2. Summarize empathy and understanding of trauma and addiction across diverse populations.
3. Describe “lens of trauma” and how it applies to diverse populations.
4. Describe Seeking Safety, an evidence-based model for trauma and/or addiction.
5. Identify how to apply Seeking Safety for specific subgroups, including disadvantaged groups such as homeless, criminal justice, and HIV.
6. Describe how the model can be adapted for ethnic minority populations.

**CONDUCTED BY:** Demetria Nelson, LCSW, MA  
Seeking Safety Trainer and Consultant

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**DEADLINE:** When capacity is reached

**CONTINUING EDUCATION:** 6.0 CEU's for BBS, BRN, CCAPP-EI  
6.0 CEs for Psychologists

**COST:** NONE

