



▶▶ Maternal Mental Health Support Group

Los Angeles County Department of Mental Health
Compton Family Mental Health Center

Beginning Tuesday, January 7, 2024
10:30AM – 12:00PM

Compton Family Mental Health Center is hosting an 8-session group to support new mothers during pregnancy and post-partum to reduce depression and stress. Come and connect with other mothers to help with minimizing sadness, anxiety, and the many other factors that can impact you and your baby.

Contact Information

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DEPARTMENT OF MENTAL HEALTH
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