

Body
Spirit
Soul
Mind

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▶▶ **SAVE THE DATE!**
MIND + BODY + SPIRIT + SOUL = YOU

Wednesday, January 22, 2025
10:00 AM – 2:00 PM

East Los Angeles Library
4837 E. 3rd St., Los Angeles CA 90022

Join us for an inspiring event hosted by Service Area 7 Clergy, “**Mental Health Wellbeing & Spirituality: Reducing the Stigma.**” Discover how mental wellbeing and spirituality work together to reduce stigma. This presentation is a fantastic opportunity to promote learning, foster fellowship, and build a stronger community. Don't miss this chance to connect and grow together!

For more information, please contact sa7clergycollab@dmh.lacounty.gov.



LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.