



▶▶ Service Area 6 CBT Group for Perinatal Depression

Thursdays 10 AM – 11 AM

Behavioral Health Center, MLK Campus

12021 Wilmington Ave., Building 18, Los Angeles, CA 90059

Join us for a support group for expectant mothers. The group will support expectant mothers during a time of stress and will teach mood management. There will be baby gear giveaways!

For more information, please contact jlbailey@dmh.lacounty.gov.