



▶▶ SA 6 Peer Resource Center Presents **MAN UP**

Thursdays
3:00 – 4:00 PM

Behavioral Health Center, MLK Campus

12021 Wilmington Ave., Building 18, Los Angeles, CA 90059

Men Advancing New Understandings and Practices (MAN UP) provides practical sensible and essential skills for optimum mental health.

For more information, please contact us at (424) 454-5568 or SAPRC@dmh.lacounty.gov

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HEART-FORWARD



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**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.