

SA 7 American Indian Counseling Center Fatherhood Through the Lifespan

1st and 3rd Wednesdays of Every Month 1:00 – 2:30 PM

AICC proudly presents the **Fatherhood Through the Lifespan** group, empowering fathers to discuss fatherhood in a safe, welcoming environment, e.g. the healing effects of culture in their experiences as a father. This group covers essential topics like culture, mental health, physical health, and spirituality, offering guidance and wisdom to enhance the family system. Open to all fathers.

Here are two ways to join:

Virtually on <u>Microsoft Teams Meeting</u> or call 323-776-6996

Conference ID: 228 934 849 324#

Passcode: t3GN9r

In-person at American Indian Counseling Center (AICC) 17707 Studebaker Road, Suite 208 Cerritos, CA 90703

For more information, please contact AICC at (562) 402-0677 or AICC@dmh.lacounty.gov.



