



HOPE LAB

"RAÍCES Y ORGULLO"

CONTANDO NUESTRAS
HISTORIAS





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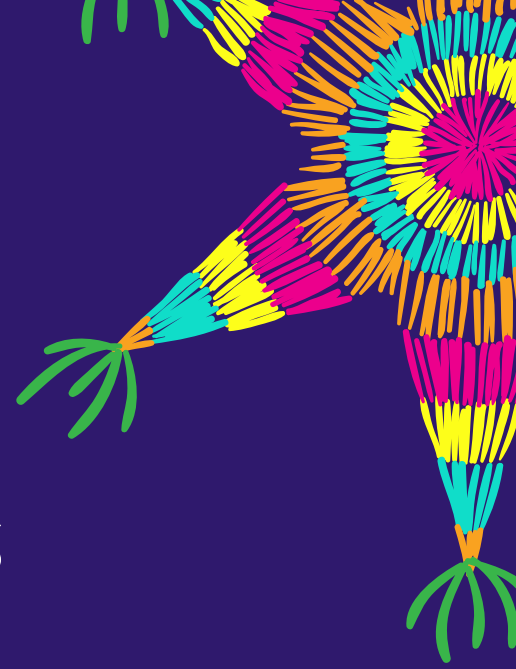
“Raíces y Orgullo”: Is a mentorship workshop program for the LGBTQ+ Latino youth and their families that will use the power of storytelling to create a brave space of communication, where we will use their personal stories and experiences to create unique theater pieces exploring what it means to be a Latino LGBTQ+ young individual in the present days.

VIOLENCE & FACTORS IMPACTING LGBTQ+ LATINO YOUTH

- **Most of the problems the LGBTQ+ Latino youth experience are related to the negative responses they have to their queer identities.**
- **Concerns about family acceptance were one of the top problems we have identified. The Mission of HOPE LAB was to create programs to prevent violence.**



Violence & Factors: Mental Health



DATA

- **70% of Latinx LGBTQ young people reported anxiety symptoms.**
- **Additionally, 59% of Latinx adolescents reported depression symptoms.**
- **44% of Latinx LGBTQ young people have seriously considered suicide in the past year.**

SOLUTIONS

- **Self-regulating Skills and Tactics**
- **Therapy and Counseling Resources**
- **Suicide Prevention**

TheTrevorProject.org

Violence & Factors: Sexual Health

DATA

- **60% of Latinx LGBTQ young people reported that someone tried to convince them to change their sexual orientation or gender identity.**
- **Half of the youth reported concerns about test results (52.7%), cost of services (52.0%), and confidentiality of services .**
- **23% of Latinx LGBTQ young people were physically threatened or sexually harmed due to their sexual orientation or gender identity in the past year**

SOLUTIONS

- **Sex Education Classes**
- **Lower STD Exposure and Grooming Prevention**
- **Access to Sexual Health Resources**



Violence & Factors: Unsafe Spaces



DATA

- **More than half of LGBTQ+ Latino youth are out to their immediate family, and nearly 6 in 10 say their family is accepting of Queer people.**
- **Half of LGBTQ+ Latino youth have an adult in their family they can turn to if worried or sad.**
- **Schools aren't always prepared to deal with LGBTQ+ Issues**

SOLUTIONS

- **Strengthen the bond between LGBTQ+ Latino Families**
- **Peer and External Mentorship**
- **Work with Schools to create Safe Spaces**



While it would be ideal that they feel safe in their homes, that isn't always the case.

We have to step up our game to ensure LGBTQ+ Latino youth feel safe!



STORIES ARE POWERFUL!

The Healing Power of Storytelling

When a person can identify their role in their own story they can then begin to understand their lives and the world they're part of

Storytelling is especially true in the Latin American tradition



"Stories are how we come to understand ourselves and the world around us"



As stated in the New York Times Article “The Stories That Bind Us” (2013): The more children knew about their family’s history, the stronger their sense of control over their lives, the higher their self-esteem, and the more successfully they believed their families functioned.



Theater allows youth to...



... share and explore their experiences in a safe environment

... use higher-order thinking, meaning they are not just passively observing and listening, but applying the cognitive knowledge they learned

... improve verbal and non-verbal communication skills, helping them to become more engaged in school and improve their confidence levels

... be involved in the community and promotes social change and skills

How does our Strategy Works:

“Raíces y Orgullo” will be an in-person workshop.

The estimated time for the workshop will be 3 months, with 2 sessions per week, for a total of 24 sessions.

At the end of the workshop, we will have the Final Show “Raíces y Orgullo” Una Noche para Celebrar” framed by a cultural fair, to which other organizations, vendors, and members of the community will be invited.





Services Provided During The Workshop

Mentorships (Queer Positive Examples)

Sex/Mental Health Resources

Storytelling and Theater Classes



Possible Struggles and External Factors

Parents' willingness and cultural walls in sharing their personal stories

Time and Availability: We understand parents and guardians have more than one job, we will facilitate transportation, provide food/drinks, and create flexible schedules that will be sent in advance to the parents.



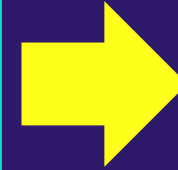
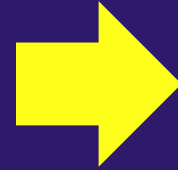
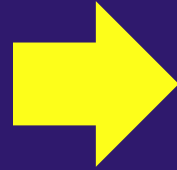
Pilot Workshop Plan

- 1. Studying and Researching the Selected Area. (Historic South Central)**
- 2. Selection Process: In-school Surveys and Parents Surveys**
 - LGBTQ+ Youth Survey (Prototype)
 - Parents / Guardians (Prototype)
- 3. Workshop Begins: 3 Month Plan**





3 Month Plan Explained



1st Month: Introduction

2nd Month: Creation

3rd Month: Rehearsal

Final Performance



Dream Big \$100.000



- 1. Research: School Scouting, Personal Transportation, Flyers and Printing, Branding, and Introductory Materials.**
- 2. Team and Mentors: Mentors Stipen, Experts (Mental, Sexual Health, Theater Teachers), Transportation.**
- 3. Workshops: Venue, Food/Drinks, Transportation, Materials (Workbooks, Makeup, Wardrobe, etc)**
- 4. Final Show: Marketing (Social Media and Marketing), Food/Drinks, Vendors and Organizations, Photo/Video Recaps**



Partnerships and Collaborators

- **Camp Mulberry**
- **CA LGBTQ Arts Alliance**
- **Q. Youth Foundation**
- **CA Arts Council**



- **Latino Theater Company**
- **PFLAG Organizations**
- **Other LGBTQ Latino Orgs**
- **Other LGBTQ Youth Orgs**

THANK
YOU

