



ENRICHED RESIDENTIAL SERVICES FOR OLDER ADULTS

Yolanda Whittington



ABOUT US

Behavioral Health Fee for Service, DMH contracted entity providing specialty mental health services to older adults including long-term care coordination, homeless housing support, memory care linkage, assisted living support, SNF linkage, end-of-life care, advocacy, and family support.

PROBLEM

HIGH COST OF CARE

- High-cost services and hospital administrative days
- Unnecessary emergency room visits for medical and behavioral health including crisis services that can be addressed within the congregate care setting

THERAPEUTIC NEEDS

- Lack of a stable therapeutic environment for participants

HOMELESSNESS

- Lack of transitional and long-term housing available to meet medical and behavioral health needs
- Lack of supportive housing

RECIDIVISM

- High recidivism rates among older adults experiencing mental illness and substance use

UNSTABLE ENVIRONMENT

- Lack of environmental stability to begin or continue to address individualized treatment needs

SOLUTION



ENRICHED RESIDENTIAL SERVICES

- Licensed Adult Residential Facility that provides supportive mental health services in a congregate care environment.



COST SAVINGS

Decompress the emergency room admissions, serve as a referral source for psychiatric hospitals, urgent care centers, crisis residential programs, and DMH



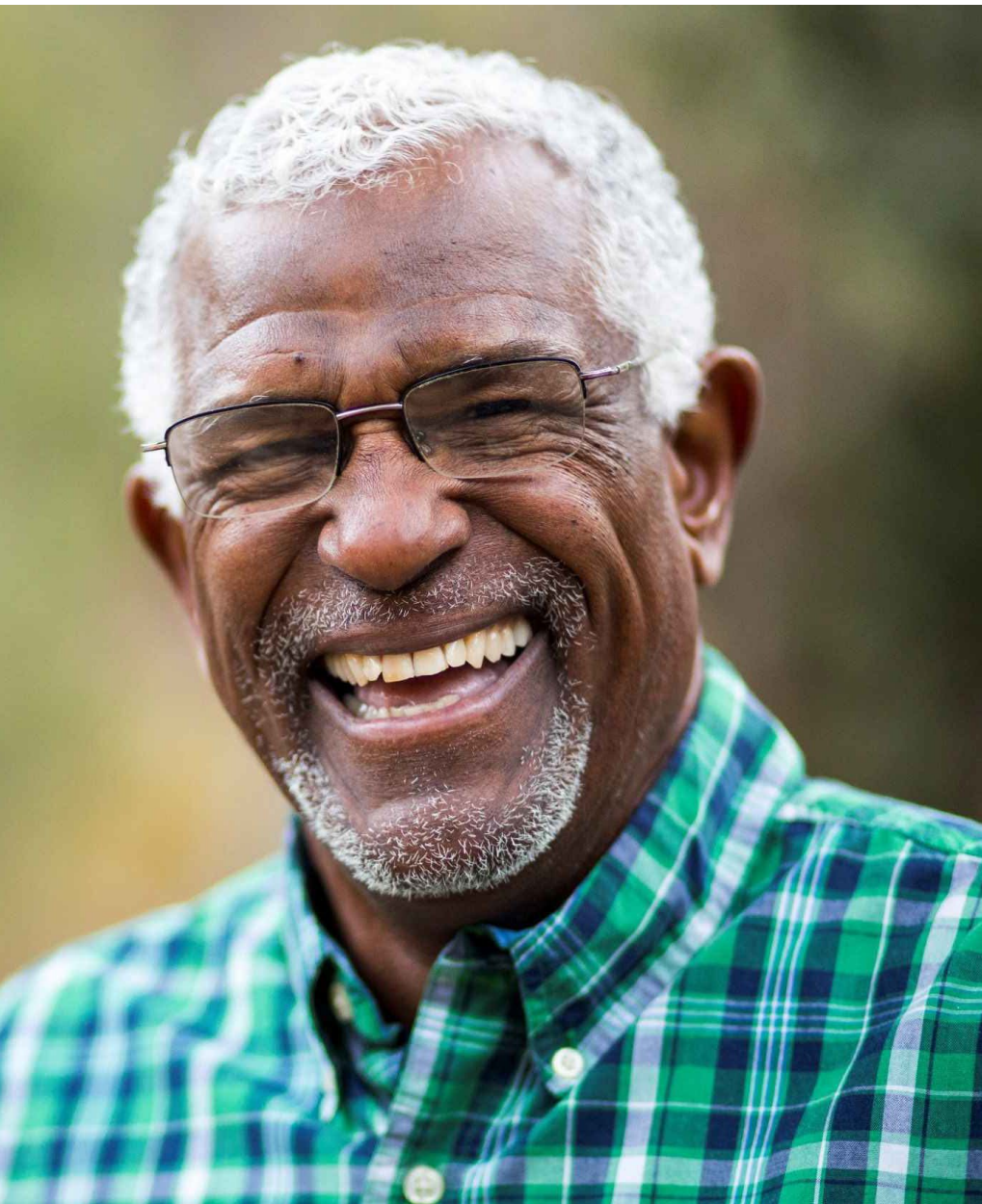
TARGET AUDIENCE

Older adults 60 and up with behavioral health problems and disabling medical/physical health conditions.



BHCIP

Part of the behavioral health continuum of care infrastructure program established as part of the California advancing and improving Medi-Cal



SERVICE OVERVIEW

LIFE-SKILLS TRAINING

- Provide life-skills training that support individuals in their effort to maintain independent living.

SUPPORTIVE MENTAL HEALTH SERVICES

- Provide supportive mental health services to restore individuals to a quality level of functioning

RESOURCE LINKAGE

- Provide resource linkage and community engagement activities that support their effort to restore interpersonal functioning

COMMUNITY ENGAGEMENT

- Provide access to community support systems and engagement

ENRICHED RESIDENTIAL SERVICES BENEFITS

ERS focuses on life skills training, linkage and community engagement activities that support individuals in their effort to restore, maintain, and apply interpersonal and independent living skills.



SUMMARY

At SISTAHFRIENDS, we support older adults living the remainder of their lives with dignity, respect, compassion, and love.

THANK YOU



Yolanda Whittington, LCSW
323-291-0191
Yolanda@sistahfriends.org
Sistahfriends.org