

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
**Service Area leadership Team Monthly Meeting**  
**Service Area 1**

**Palmdale Mental Health Center**  
**2260 East Palmdale Blvd., suite J,**  
**Palmdale, CA 93550**  
**September 19, 2024**  
**3:00pm – 5:00pm**

[Microsoft Teams Link](#) / [Closed Caption Link](#)  
 Email: [SALT1@dmh.lacounty.gov](mailto:SALT1@dmh.lacounty.gov)

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
Welcome, Land Acknowledgement and Introductions	Natalie Williams called the meeting to order at 3:00. Introductions were made in-person and on-line. Rudolpho Perez led the attendees in the land acknowledgement.	Introductions and land acknowledgements done in real time.	Natalie Williams and Rudolpho Perez	
Review and Approve July 18, 2024 minutes	July 18, 2024, minutes were reviewed and approved by voting members.	Natalie Williams led the members in voting on the presented minutes.	Natalie Williams	
Presenter: “Caring Minds for Youth” – Myshay White, Mental Health America	Ms. White shared her program’s services to include, but not limited to short-term (90-day) case management services for linkages and referrals to ongoing services, as well as Outreach, Engagement, and Trainings. These services are for youth ages 18-25. Attendees got their questions answered concluding the presentation.	Presentation information to be distributed to the SALT participants via email.	Natalie Williams	
Close out Previous Topics from minutes	Budget and spending SALT funds:			

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	<ul style="list-style-type: none"> <li>Gaby provided updates on voted items from last month’s meeting – gave details on the Health Neighborhood collaboration for the Suicide Prevention &amp; Awareness training including the extended time of 12pm – 3pm. The Hispanic Heritage Month event on October 15<sup>th</sup> by the AV Health Neighborhood and SALT collaborative will have tacos and a guest speaker, however location is still TBD. Promotional items, which will have the SALT 1 logo was shared in detail to be purchased. Guest speaker for the Hispanic Heritage Month event also shared. Location brainstorming took place amongst attendees.</li> <li>Group discussion amongst members to discuss details of the upcoming evening SALT meeting on October 17<sup>th</sup>. Concerns about space and sound addressed, then voting proceeded to approve our evening meeting at Gino’s Restaurant. Members approved without anyone who opposed.</li> <li>Natalie shared details of the annual Day of Giving event, then led group on voting on having it again this year. Members agreed and approved on the event this year.</li> <li>Natalie led group to voting on 2 refrigerators for the SALT meetings after member, Michael Dutton shared his idea when previously brought up to utilize SALT funds in a past meeting.</li> </ul>	<p>Planning committee to continue to regularly meet to make progress on the collaborative event efforts. Natalie to send out email to SALT distribution for those interested in participating.</p> <p>Gabby to provide flyers for this event, and Natalie will distribute through the SALT distribution email list.</p> <p>.</p>	<p>Natalie Williams, Gaby Muniz and SALT Members</p>	
<p>Additional Presenter: “Music for Your Mental Health”</p>	<p>Staff from this company shared the details of their program, which include music therapy for children ages 4-18. This will</p>	<p>Makesha Jones-Chambers of AVCAP to provide flyers for Natalie to distribute to the SALT distribution list.</p>		

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	be a community-based group. Further information to be distributed upon receipt.			
Report Out on DMH O&E and other Outreach and Engagement Activities	Diana Luna-Miller mentioned previous events which took place this month as well as details of upcoming events.	None at this time.		
Committee Member Reports	<p>Co-Chair Report – Natalie Williams and Rudolpho Perez (filling in due to Milcah White’s absence):</p> <ul style="list-style-type: none"> <li>• Rudolpho began by acknowledging the community staff we recently loss due to their passing.</li> <li>• Co-Chair meeting update on this month’s meeting to include the expectations and requirements of the Co-Chairs.</li> <li>• Jamie Walker gave accolades to Natalie Williams for leading the SALT meetings. Jamie also shared not having any additional information to add regarding this month’s Co-Chair meeting.</li> </ul> <p>Mental Health Commission – Natalie Williams shared vacancy of this position now being vacant:</p> <ul style="list-style-type: none"> <li>• A member, Michael Dutton, shared that he reached out to express interest in filling the vacancy, but was told that Katherine Barger has already selected someone.</li> </ul>	None at this time.		

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	<p>Underserved Cultural Committee – Wendy Cabil:</p> <ul style="list-style-type: none"> <li>• Shared meeting had a presenter on bullying prevention. Committee member shared on Indigenous People Day. Meeting is the 2<sup>nd</sup> Tuesdays of the month from 1:30 – 3:30pm.</li> </ul> <p>DMH Updates – James Coomes:</p> <ul style="list-style-type: none"> <li>• LA County Mental Health Help Line and Department of Public Health Substance Abuse Help Lines have merged (800) 854 – 7771.</li> <li>• Gave update on the mandatory Anti Racism Diversity and Inclusion training to include the action plans for managers.</li> <li>• Need of support for fathers in the community, since there’s been an emphasis on maternal mental health.</li> <li>• Upcoming extension of FSP services.</li> <li>• Bus transportation for future CPT meetings. Community member expressed his disappointment with the vehicle not being wheelchair accessible. Jamie and James acknowledged this issue. Jamie launched an online poll in Teams to see who is interested in utilizing the transportation for the next CPT meeting on 9/10.</li> <li>• AVRI: looking at outcome measures for black children and families. Developing Co-Chairs for this group.</li> </ul>	<p>James and Jamie to continue efforts for a wheelchair accessible vehicle.</p>		

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Consumer and Family/Supporters Time (Public Comments)	<p>A SALT member stated she has a homeless family member who is wanting her to get services in another area. She further expressed her confusion with trying to navigate the internet to find mental health resources. She would like to see more outreach efforts to those on the streets.</p> <p>A SALT member shared his unpleasant experience with the outpatient clinic on K-6 while he was manic. He was displeased with being told he could get an appointment 2 weeks from that time. Another member responded and shared the Behavioral Urgent Care services are available for this. Another member shared her positive experience with using the Urgent successfully for this similar situation.</p>	Various DMH staff available to address the needs and concerns expressed after today’s meeting.		
New Topics and Presentations	<p>Agency Updates:</p> <ul style="list-style-type: none"> <li>• Shared participation options for the AV Health Neighborhood meetings and how to contact Gabriela Muniz for the details.</li> </ul> <p>New Agenda Items/Presentations:</p> <ul style="list-style-type: none"> <li>• A community member, Iris Urias, shared wanting the community advisory committee and the M.E.T. to come and present to SALT.</li> <li>• A member shared her positive experience with participating in the mental health first aid training.</li> </ul>	<p>None at this time.</p> <p>Iris to provide Natalie with the contact information for these two groups in order to schedule their presentations.</p>		

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Questions/Comments	<p>A community member shared the Lake L.A. School District couple’s therapy service available to the community.</p> <p>A DMH staff shared an upcoming candlelight vigil event.</p> <p>Eric A. Garcia You are Enough Foundation candlelight vigil on 9/10 at 6:30pm – 8:30pm.</p> <p>9/21 is a film screening event at Antelope Valley College.</p> <p>Iris shared various Palmdale Sheriff’s station events coming up.</p> <p>Steven asked about a location where resources can be distributed at a specific location. Natalie addressed the Peer Resource Center in the works. James shared the development of advisory councils.</p> <p>Another member announced the ribbon cutting for a new mental health clinic called AV Bridges on 8/26 at 9a.m.</p>	<p>Those interested may obtain the flyers provided.</p> <p>Flyers have been distributed for these events.</p>		
Closing	<p>Co-Chair Rudolpho Perez adjourned the meeting at 5:00 pm.</p>			

**Attendees:** See sign-in sheet