



▶▶ SA 7 Roybal Family Mental Health Center Empowered Families

Tuesdays from 3:30 – 4:30 PM

Roybal Family Mental Health Center

4701 East Cesar E. Chavez Ave., Los Angeles, CA 90022

Join our community to enhance your parenting skills. Learn skills to improve communication with your children, learn stress management techniques, gain support from other parents, and build confidence in your parenting journey.

This group is for parents of children between the ages of **6 and 8 years old**.

To participate in this group, please scan the QR code and complete the registration form. Enrollment is required, and a team member will reach out to confirm your registration. For more information, please contact Mari Loera, Mental Health Clinical Supervisor, at 323-267-3400.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
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