



Los Angeles County Help Line for Mental Health and Substance Use Services (800) 854-7771

- PRESS**
- 1 – English
 - 2 – Spanish
 - 3 – Mandarin
 - 4 – Cantonese
 - 5 – Korean
 - 6 – Armenian
 - 7 – Russian
 - 8 – Arabic
 - 9 – Farsi
 - 10 – Vietnamese
 - 11 – Cambodian
 - 12 – Tagalog
 - 13 – All Other Languages

PRESS 1
Crisis or Mental Health

PRESS 2
Substance Use

PRESS 3
Veterans and Military
Families Support Line

PRESS 1
Crisis

PRESS 2
Information and
Referral

PRESS 3
Emotional Support