

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**

**Latino UsCC Subcommittee Meeting Minutes – In-Person**

June 18, 2024 – 1 pm to 4 pm

Location: Alma Family Services - 3218 Wabash Ave Los Angeles, CA 90063

**Co-Chairs Present:** Gabriela Gonzalez

**Members Present:** Hilda Nélidea Guzman, Carmen Stewart, Brenda Chour, Blanca Araceli Soto, Ricardo Páguelo, Tania Maguina, Hector Ramirez, Belia Lopez, Karla Silva, Yvette Navarro, Geo Rodriguez, Emma Mejia, Jorge Garcia, Luis Guzman, Marilú Garcia, Maria Zamora, Martin Ortiz, Barbara Rabelo, Oswaldo Villalazo, Rodrigo Jourda, Angel Martin, Claudia Razo ,Maritza Lebrón, Benny Munguia, Hector Ramirez Brand, Patricia Veliz Macal, Luis Felipe Corimunyo, Perla Jerez, Sofia Zarco, Elsy Molina, Jennifer Ibarra-McMahon, Maria Elena Arauco, and Dayanna Covarrubias

**Presenters:** None

**DMH Admin Present:** Kelly Wilkerson, Mirtala Parada Ward, and Adriana Carrillo

Agenda Items	Discussion
<b>Welcome &amp; Introductions</b>	Members were asked to introduce themselves.
<b>Meeting Minutes</b>	May 2024 minutes reviewed – - Corrections requested – several typos were identified
<b>Co-Chair Report Out</b>	Gabriela welcomed all the members to the first in-person meeting since the Pandemic and provided an overview of the agenda.
<b>Topics Discussion</b>	<ul style="list-style-type: none"><li>• Land Acknowledgement – should be done by an Indigenous member of the subcommittee.</li><li>• DMH Updates – New Latino UsCC Liaison and Bylaws update</li><li>• UsCC Capacity Building project updates for FY 24/25 – Gabriela provided an overview of the process. It was clarified that the budget is limited to \$350,000 per year; all projects must be completed by June 30, 2025, and should be under \$100,000 each.</li></ul>

	<ul style="list-style-type: none"> <li>Continuation of the Latino UsCC Retreat - members had an opportunity to provide their feedback and recommendations.</li> </ul>
<p><b>DMH Updates</b></p>	<p>Mirtala Parada Ward -</p> <ul style="list-style-type: none"> <li>New Latino UsCC Liaison - The new Latino liaison is a Latina immigrant psychologist active in the Latino community. Her start date has not been determined, but we hope she will be on board by mid-July 2024.</li> <li>Capacity-building Projects—the annual budget is \$350,000 per subcommittee; all projects must be under \$100,000; all projects must focus on outreach, engagement, education, and stigma reductions for the Latino community; they must be one-time funded unique ideas that can't be repeated.</li> <li>The members were reminded that we are currently implementing five projects, and only one will be completed by June 30, 2024. Thus, the four projects from FY 23/24 will be completed during the new fiscal budget cycle. That may impact the budget for this year.</li> <li>UsCC Bylaws—The new Bylaws will be released by July 1, 2024. They will be standardized for all the Department's stakeholder groups. MHSA Administration (Dr. Horn's Unit) is the lead for standardizing the bylaws.</li> <li>The bylaws will provide parameters for electing new co-chairs; new co-chairs can be elected once the bylaws are released.</li> <li>Gabriela shared some of the responsibilities attached to the role of a UsCC co-chair; she expressed that there is a commitment to attend at least 3-4 DMH meetings per month as well as assisting with facilitating the monthly meetings and meeting with DMH staff to develop the agenda.</li> <li>Members expressed concerns about the bylaws and shared that all the subcommittees need bylaws and a code of conduct.</li> </ul>
<p><b>Discussion re: Brainstorming for UsCC Capacity building projects</b></p>	<ul style="list-style-type: none"> <li>Gabriela provided an overview of the UsCC Capacity Building Project Guidelines.</li> <li>Members were reminded that the annual budget is \$350,000 per year; projects must be under \$100,000</li> <li>The projects must be completed by June 30, 2025.</li> <li>Those members who have attended more than 51% of the monthly meetings in the past nine months have voting privileges per the existing bylaws.</li> <li>Gabriela opened the floor for the capacity building projects brainstorming presentations. Each person was given 5 minutes to present.</li> <li>The CBP Presentation themes included Social Media campaigns; the use of theatre, dance, and other art forms to promote mental health; outreach and MH education presentations targeting the Latino homeless population; projects targeting consumers so that they better understand the impact of Prop #1 and increase their advocacy and empowerment; use grassroots community-driven strategies to promote mental, increase education, etc.</li> </ul>

	<p>such strategies include “knocking on doors” and conducting street outreach at crucial community locations; and Mental health outreach activities targeting the Latino older adult community.</p> <ul style="list-style-type: none"> <li>• All presenters were encouraged to submit their UsCC CBP proposals to Dr. Alquijay by June 30, 2024.</li> </ul>
<p><b>Gabriela Gonzalez</b> - Overview of retreat and brainstorming</p>	<ul style="list-style-type: none"> <li>• Gabriela provided an overview of the first retreat in May 2024.</li> <li>• Retreat helped to identify key goals for the next 12 months.</li> <li>• After each table came up with goals, everyone voted on what were their top three choices for priorities listed below: <ol style="list-style-type: none"> <li>1. Community outreach – 16 votes</li> <li>2. Resources – obtaining funds for organizations that work with the community and resources for events and activities – 12 votes.</li> <li>3. Training - 6 votes, with a focus on leadership training</li> <li>4. Families and Youth – 6 votes – participation by families</li> <li>5. Social justice</li> </ol> </li> <li>• <b>Retreat #2 – New suggestions and recommendations:</b> <ul style="list-style-type: none"> <li>• <b>Group # 1</b> <ul style="list-style-type: none"> <li>• The group supports and approves the work that was done during the first retreat that took place in May 2024, which includes a focus on community engagement and resources as their <b>top priority</b></li> <li>• They also highlighted the importance of ensuring that all capacity-building projects/events have an evaluation component moving forward.</li> <li>• Lastly, they want to ensure that there is a focus on the power of advocacy, social justice, and community volunteerism to increase community impact.</li> </ul> </li> <li>• <b>Group #2</b> <ul style="list-style-type: none"> <li>• Homeless adults should be included as a priority population.</li> <li>• Develop a social media platform to engage the Latino community – <b>voted #2</b></li> <li>• Develop social media strategies for outreach – <b>Voted #1</b></li> <li>• Stress Reduction Strategies and Wellbeing should be included – <b>Voted #3</b></li> <li>• Training for stakeholders</li> <li>• Make sure that all outreach events have an evaluation component.</li> </ul> </li> <li>• <b>Group #3</b> <ul style="list-style-type: none"> <li>• Inclusion of Victim of Crimes – <b>identified as #1</b></li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Increase use of social media, communication and marketing strategies, TV, Radio, and “word of mouth.” They recommended that all these strategies be consolidated. – <b>identified as #2</b></li> <li>• Identity other funding opportunities within the Department – <b>Identified as #3</b></li>   <li>• <b>Group #4:</b></li> <li>• Increase the capacity for employees and the community. Implement apprenticeship opportunities and non-traditional services. – <b>voted #3</b></li> <li>• Increase “door knocking” outreach activities at key community locations such as swapmeets and laundry mats – <b>Voted #2</b></li> <li>• Include community resources. MH services must be more accessible and use plain language for the Latino community. – <b>Voted #1</b></li> <li>• Be inclusive of the LGBTQ+ community.</li> <li>• Incorporate data and accountability – To keep everyone responsible and focused.</li> <li>• It’s a priority to include non-traditional outreach methods/services in all the work/projects that will be implemented.</li> </ul>
<b>Important Action Items:</b>	<ul style="list-style-type: none"> <li>• Reminder - projects must be under \$100K</li> <li>• <a href="#">Proposal Guidelines and Fillable PDF</a> (See attachment for pdf of form)</li> <li>• Need to fill out a completed proposal to have the project considered by the subcommittee by June 30, 2024</li> </ul> <p><b><u>Projects on Hold due to DMH - Procurement Changes in the county from FY 23-24</u></b></p> <ol style="list-style-type: none"> <li>1. Latino MH Social Media Outreach</li> <li>2. Sana Tu Mente, Sana Tu Vida</li> <li>3. Student Wellness Leadership</li> </ol>
<b>Community Announcements &amp; Resources</b>	<ul style="list-style-type: none"> <li>• Send any resources to Jennifer via email (<a href="mailto:jalquijay@dmh.lacounty.gov">jalquijay@dmh.lacounty.gov</a>) to be sent out to the listserv.</li> </ul>
<b>Meeting Minutes</b>	<p>Meeting minutes are emailed to those on the membership email roster monthly and distributed during the regularly scheduled monthly Latino UsCC meetings. In addition, they are available on the DMH website (may take up to 3-months for the information to be updated on the website).</p>

<b>Upcoming Meetings &amp; Links</b>	<b><u>Next Meetings (3<sup>rd</sup> Tues of the month, all meetings 2-4pm):</u></b> <ul style="list-style-type: none"><li data-bbox="499 235 1499 267">• 5/21/24, 6/18/24, 7/16/24, 8/20/24, 9/17/24, 10/15/24, 11/19/24, 12/17/24</li></ul>
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