

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**

**Latino UsCC**

**Minutes of the Subcommittee meeting**

May 21, 2024 2024

2pm – 4pm via Microsoft TEAMS

**Cochairs:**

**Facilitator:** Gabriela Gonzalez

**Members present:**

Adriana Carrillo, Angel Marin, Barbara Rabelo, Belia Lopez , Christian Ponciano, Dayana Covarrubias, Elsy Molina, Gabriela Gonzalez, Gabriela Velasquez, Hector Ramirez, Irma Velasquez, Maria Arauco, Martha Ortiz, Mercedes Moreno, Patricia Veliz-Macal, Sara Mijares, Yolanda Becerra-J, Eric Hernandez, Cecilia Garces, Esther Perez, Hilda Guzman, Idalia Gallardo, Irma Velasquez, Jesus Alejandro, Luis Guzman, Paul Vallejo, Veronica Solano, Zuleima Molgado, Zacaria Bernal, Lourdes Rabelio, Adriana Carillo, Maria Guerra, Martin Almanza, Suyapa Umanzor, Yue Hua Xu (Vicky),

**Presenter:** Dr. Rigoberto Rodriguez

**DMH Admin:** Jennifer Alquijay, Mirtala Parada Ward

Agenda	Discussion
<b>Welcome and Introductions</b>	Members were asked to introduce themselves on the microphone/if they couldn't, they could do so in the chat..
<b>Review of the Minutes</b>	Review of April 2024 minutes approved by Maria Elena Araujo and Irma Velásquez
<b>Topics of Discussion</b>	<b>Land Acknowledgement.</b> <ul style="list-style-type: none"><li>• One member called for representation and recognition for indigenous Latin American people and asked that the department take concrete steps to honor the Mayans or other groups..</li></ul>

- It was reported that there is a map with data on the indigenous communities and it will be shared at the next meeting.
- It was considered to invite indigenous people for representation and presentation on the topic.

**Retreat: What are the next steps?**

- One member requested an in-person meeting to discuss important retreat issues and that there be no conflict of interest in the representation..
- One member shared complaints from consumers who were left out of the recall.
- It was requested to have retreat part two in person for members who did not attend the first retreat.
- A member asked to consider making the second retreat within 30 days.
- A member asked to consider doing the second withdrawal on Saturday.
- One member shared having received the invitation to the retreat multiple times and having participated in a very productive first retreat where there were 25-30 members and asked that this work not be thrown away.
- Clarification was given that a second retreat is being approved because the invitation was sent 24 hours in advance and that the work of the first retreat is valid and it is necessary to share what it was about.
- Discussion of place and date for the second part of the retreat.
- A member asked for commitment from the 42 participants connected to the meeting to attend the second retreat.
- Notification that there are no funds for a second withdrawal.
- One member shared it may be a misuse of retreat funds since not everyone participated.
- Comments to other members were asked to be supportive and not critical..
- Consideration to extend the next meeting on June 28 for two more hours and make it face-to-face.
- One member offered to get an interfaith place for location.
- Recommendation for the agenda of the second retreat: The agenda will include the topics that were discussed during the first retreat. There were five concerns or priorities that we want to focus this Latino group of UsCC on for fiscal year 2024..
- The need for orientation for new committee members was observed.
- It was approved that the orientation is something to start the new fiscal year.

- People who want to share images in the future were asked to send them in advance to avoid technical problems.

**MHSA – Steps from committee recommendations to MHSA plan (see presentation points below)**

Some members were identified who previously participated in the process of identifying certain intervention service programs and are within the MHSA plan for the next two years.

**Where did our recommendations go?**

One member expressed disagreement with the lack of information on the MHSA website.

- Clarification was given of where the information is located on the DMH page, since it is public information.
- Training was offered in this committee so that you can identify all this information in the DMH links where the information is found.
- Suggestion from a member to start the meetings by reading the minutes of the last meeting and request for organization for the meeting action plan.
- Clarification that the minutes and information of the meeting are shared two weeks in advance.
- **Project Brainstorming**
- Take Action-Interactive Telephone: a clause was shared about the importance of talking about the issue of mental health following the idea of the campaign. Informing and speaking is important to publicize the resources available in Los Angeles County.
- A member asked for clarification of the limit and time to deliver the projects (see DMH clarifications below).
- Suggestion for a campaign for men. Let there be men's themes that focus on the stigma of masculinity/men and their mental health be a theme for this year.
- Projects can be presented at the next meeting depending on how many applications are submitted.
- “La Conexión del Pueblo” post-cast/mobile unit project for immigrant, homeless people so they can share their own experiences in the community.
- Generaciones en Acción: Si te Ríes Goza” is a play with Latino immigrant members. It is designed to talk about stigma in the mental health of families in the Latino community. Provides education about emotional health to all families, implementing humor to deepen emotions. The actors will be

	<p>representing emotions and using Laughter Therapy. The goal is to expand access to education and mental health.</p> <ul style="list-style-type: none"> <li>• Funds to create and reestablish the Latino Consumer Coalition so that funds continue for the department to continue providing tools to advocate on MHSA and now on Proposition 1. This coalition has been responsible for ensuring that there is money so that the community can continue making proposals.</li> <li>• Healing Circle (Finding Balance) to take to students at High Schools. PSA for the Latino Indigenous community. Switch to start projects for May Mental Health Month.</li> </ul>
<p><b>MHSA – Steps from committee recommendations to MHSA plan</b></p> <p><b>Presentation by Dr. Rigoberto Rodriguez</b></p>	<ul style="list-style-type: none"> <li>• Clarification to the group where the MHSA plan recommendations are located.</li> <li>• Last fall, each UsCC group was asked to identify the key needs of their community. Las recomendaciones enviadas al departamento se identificó programas, servicios e intervenciones para los siguientes dos años.</li> <li>• There are more than 30 groups that provide input to the department about their needs.</li> <li>• The critical needs established for the MHSA plan by the department were in 4 categories: Prevention and Early Intervention (PEI), Community Support Range (CSC), Housing Services and Resources (HSHR), Education and Workforce Training ( WET). La lista de necesidades criticas sometida fueron 713 necesidades. Estas necesidades fueron en las siguientes categorías: PEI 288, CSC 133, HSHR 118, WET 174.</li> <li>• Of these needs, this group identified 6 PEI, 9 CSC, 3 HSHR and 24 WET.</li> <li>• • These needs contributed by all groups were duplicated and consolidated into three categories shared with the community planning group who confirmed the appropriate categories.</li> <li>• • Due to lack of time, each category was not detailed, but the way in which solidarity was expressed was presented.: <ul style="list-style-type: none"> <li>➢ Of 288 needs for PEI, there were 34 recommendations in 3 categories.</li> <li>➢ Of 133 needs for CSC, there were 52 recommendations in 4 categories (e.g.: better response to emergencies, increasing the number of psychiatric beds). De 118 necesidades para HSHR, hubo 97 recomendaciones en 5 categorías.</li> <li>➢ Of 174 needs for WET, there were 52 recommendations in 4 categories.</li> </ul> </li> <li>• Within 713 contributions, they were synthesized into 335 different recommendations. The department notified that these recommendations, some will not be possible, others were approved and others needed more consensus in the group..</li> </ul>

	<ul style="list-style-type: none"> <li>• Those that were not possible are because they are not within the authority of the department (DMH) or because the funds (MHSA) cannot finance them (e.g.: there was a recommendation to prohibit the sheriff from using weapons when they are intervening in situations emergency, that, although it is a very good recommendation, was outside the authority of the department and cannot be financed.</li> <li>• The presentation slides will be shared.</li> <li>• Where were the recommendations of this group? These recommendations are in a document that will be shared once the plan is approved.</li> </ul>
<b>DMH clarifications for project delivery</b>	<p><b>Mirtala Parada Ward</b></p> <ul style="list-style-type: none"> <li>• The deadline for these projects must be ready by July 1st.</li> <li>• Each subcommittee has annual funding and cannot give more than \$100,000. The department does not have authority for a project that is more than \$100,000..</li> <li>• The project must be less than \$100 thousand dollars.</li> <li>• When applications are received, they will be presented to Gabriela and Betty.</li> <li>• Once the projects are presented, members who have attended 51% of the 9 meetings have the right to vote for the project..</li> <li>• All proposals will be sent to the people who can vote, they vote and then the results are shared for the projects they want to raise or raise.</li> <li>• Members decide if they want to expand projects.</li> <li>• We are going to do a poll for voting and then we will share the results with everyone.</li> <li>• 2-3 applications have been received.</li> <li>• Dr. Alquijay will send information by email on how to submit the projects.</li> </ul>
<b>Announcements and Community Resources</b>	<ul style="list-style-type: none"> <li>• Send any resources to Jennifer Alquijay by email at jalquijay@dmh.lacounty.gov to be sent to the user list.</li> </ul>
<b>Meeting Minutes</b>	<p><b>All meeting minutes are available on the DMH website:</b>  <a href="http://latino.uscc.org">Latino UsCC - Department of Mental Health (lacounty.gov)</a></p>
<b>Upcoming Meetings and Links</b>	<p><b><u>Upcoming meetings (third Tuesday of the month, all meetings from 2pm to 4pm):</u></b></p> <ul style="list-style-type: none"> <li>• 6/18/24, 7/16/24, 8/20/24, 9/17/24, 10/15/24, 11/19/24, 12/17/24</li> </ul>