## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

## American Indian / Alaska Native (Al/AN) UsCC Subcommittee Meeting Minutes

Apr 3, 2024

2pm – 4pm via Microsoft TEAMS

**Co-Chairs Present:** Shannon Rivers

Members Present: Jessica Mosher, Eva Powless, Jennifer Yates, Blanca Watson, Elizabeth Kono, Charlotte

Lujan, Sylvia Gonzales-Youngblood, Harrelson Notah, Lesley Hunt, Dr. Carol DeLilly, Avril Cordova, Hector Ramirez, Stacy Ann Smith, Rosario Ribleza, Dria Yellowhair,

Presenter: None

DMH Admin Present: Jennifer Alquijay, Mirtala Parada Ward

Agenda Items	Discussion
Welcome, Prayer, Land Acknowledgment & Introductions	Meeting opened with prayer. Members were asked to introduce themselves in the chat. Sylvia Gonzales-Youngblood provided a land acknowledgment.
Meeting Minutes	March 2024 minutes were reviewed and approved (first – Farrah Ferris, second – Jessica Mosher).
Co-Chair Report Out	<ul> <li>Reminder to submit proposals</li> <li>Budget year for next years projects – All projects must be completed within 9 months – no later than June 30, 2025 completion date.</li> <li>Shannon – Community Planning Team Mtg – Discussion of Behavioral Health as preferred term, Also suggested names for new call center –         <ul> <li>Mental Health and Substance Abuse Call Center</li> <li>Mental Health and Substance Abuse</li> <li>Behavioral Health and Recovery</li> <li>Caring Access and Entrance to Recovery (CARE)</li> <li>Crisis Access Recovery and Emotional Support (CARES)</li> </ul> </li> </ul>

Presenter	Farrah Ferris – Stress Awareness and Child Abuse Prevention Month
DMH Updates	<ul> <li>Mirtala report – Support for idea of not using the word "mental" in our language</li> <li>Leadership mtg – talked about data – and making arrangements for data presentation specific to each Uscc mtg, Medi-Cal population data vs all population data, and not all Medi-Cal recipients need/want mental health</li> <li>Take Action Campaign (Take Action L.A.)</li> <li>Continuing need for projects to do culturally appropriate outreach and engagement in the communities</li> <li>Discussion of data inaccuracies due to "bi-racial" identification category misses Al-AN data</li> <li>Encouragement of community members to write letters to DHS on behalf of Al-AN community, just now getting SOGI data, and now trying to get disability data (since both exist in EVERY ethnic community) <a href="https://census.ca.gov/contact-us/">https://census.ca.gov/contact-us/</a></li> <li>April – Child Abuse Prevention Month - <a href="https://dcfs.lacounty.gov/youth/when-to-call-dcfs/">https://dcfs.lacounty.gov/youth/when-to-call-dcfs/</a></li> </ul>
UsCC Retreat Discussion	<ul> <li>May 6th - Mon - 10am-2pm</li> <li>Jen to send Survey to get RSVPs so we make sure we have enough food.</li> <li>Will be cultural sharing during the retreat</li> </ul>
Discussion Re: projects	<ul> <li>Reminder - projects must be under \$100K</li> <li>Proposal Guidelines and Fillable PDF (See attachment for pdf of form)</li> <li>Need to fill out a completed proposal in order to have project considered by the committee</li> <li>Need to go over Brainstorm ideas and have people submit proposals for committee consideration</li> <li>How Al-AN data is not collected accurately - example of misidentifying someone as Caucasian in recent home buying interaction.</li> <li>Maybe community needs assessment?</li> <li>Other ideas</li> <li>Docuseries? Video game therapy outreach?</li> <li>Discussion on some of Dr. Escareno's</li> </ul>
Capacity Building Projects – Updates	<ul> <li>AI/AN Community Engagement Campaign – project is wrapping up, vendor to present at a future meeting.</li> <li>AI/AN Mending the Hoop Project – project is wrapping up, vendor to present at a future meeting.</li> <li>AI/AN Youth Graphic Novel Project – currently in phase 2, in the process of recruiting participants.</li> <li>AI/AN Cooking for Wellness Project – currently out for re-solicitation until 1/9/24.</li> <li>AI/AN Community Garden Project – currently out for solicitation until 1/9/24.</li> <li>MMIWG2-S Awareness Campaign Project – solicitation closed 12/11/23. Pending award by ISD.</li> </ul>

	<ul> <li>Al/AN Elder Mental Health Support Project – currently out for solicitation until 1/9/24.</li> <li>Suicide in Native Communities Project – solicitation closed, no bids received. Will be re-solicited.</li> <li>Al/AN Intergenerational Storytelling Project – this project will be revisited this year at a future meeting.</li> <li>Kelly and Mirtala met with PIO to discuss any copyright concerns, legal issues, and intellectual property.</li> </ul>
Community Announcements & Resources	<ul> <li>Send any resources to Jennifer via email (jalquijay@dmh.lacounty.gov) to be sent out to the listserv.</li> <li>Dr. Carol DeLilly - from CalBright college - They have a Community Health Worker Certificate Program</li> </ul>
Closing Prayer	Meeting closed with Prayer.
Meeting Minutes	All meeting minutes are available on the DMH website: <a href="https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/">https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/</a>
Upcoming Meetings & Links	Next Meetings (first Wednesday of the month, all meetings 2-4pm):