



# Who Do I Call for Help?

## 9-1-1

to report crimes, fires, and  
medical emergencies when law  
enforcement, firefighters, or  
paramedics are needed



## 9-8-8

for support with suicidal crisis or  
mental health-related distress

DIDI   
HIRSCH

# 988

SUICIDE & CRISIS  
LIFELINE



# **Who Do I Call for Help?**

# **800-854-7771**

**for crisis response teams in the field or mental health and substance use resources through the 24/7 LACDMH Help Line**



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.

# **2-1-1**

**for general information on local resources or linkages and referrals to health, human, and social services**

