



# Who Do I Call for Help?

## 9-1-1

to report crimes, fires, and  
medical emergencies when law  
enforcement, firefighters, or  
paramedics are needed



## 9-8-8

for support with suicidal crisis or  
mental health-related distress

DIDI   
HIRSCH

**988** SUICIDE & CRISIS  
LIFELINE



# ***Who Do I Call for Help?***

# **800-854-7771**

**for crisis response teams in the  
field or mental health and  
substance use resources through  
the 24/7 LACDMH Help Line**



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.

# **2-1-1**

**for general information on local  
resources or linkages and  
referrals to health, human, and  
social services**

