



Who Do I Call for Help?

9-1-1

to report crimes, fires, and medical emergencies when law enforcement, firefighters, or paramedics are needed



9-8-8

for support with suicidal crisis or mental health-related distress

DIDI 
HIRSCH

988

SUICIDE & CRISIS
LIFELINE

800-854-7771

for crisis response teams in the field or mental health and substance use resources through the 24/7 LACDMH Help Line



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

2-1-1

for general information on local resources or linkages and referrals to health, human, and social services

 **211LA**

CONNECTING LOS ANGELES COUNTY