



LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
 hope. recovery. wellbeing.

LOS ANGELES COUNTY - DEPARTMENT OF MENTAL HEALTH
 Quality, Outcomes, & Training Division
 Prevention & Early Intervention (PEI) Evidence-Based Practices (EBP) Outcome Measures



| FOCUS OF TREATMENT | EVIDENCE-BASED PRACTICE (EBP) COMMUNITY-DEFINED EVIDENCE (CDE) PROMISING PRACTICE (PP) | AGE RANGE | OUTCOME MEASURE | AGE RANGE | AVAILABLE THRESHOLD LANGUAGES |
|---|--|---------------------------------|---|---------------------------|---|
| TRAUMA | Child Parent Psychotherapy (CPP) | 0-6 | Trauma Symptom Checklist for Young Children (TSCYC) | 3-6 | Armenian, Chinese, English, Korean, Spanish |
| | Cognitive Behavioral Intervention for Trauma in Schools (CBITS) | 10-15 | UCLA PTSD-RI-5-Child/Adolescent UCLA PTSD-RI-5-Parent | 7-18 | English, Spanish |
| | Alternatives for Families-Cognitive Behavioral Therapy [formerly: Abuse Focused-Cognitive Behavioral Therapy] (AF-CBT) | 6-15 | | | |
| | Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) | 3-18 | | | |
| | Managing and Adapting Practices (MAP)-Traumatic Stress | 2-18 | UCLA PTSD-RI-5-Child/Adolescent | PTSD-RI-5: 7-18 | PTSD-RI-5: English, Spanish |
| | Seeking Safety (SS) | 13+ | UCLA PTSD-RI-5-Parent | | |
| | Individual Cognitive Behavioral Therapy-Trauma (CBT-Trauma) | 16+ | PTSD Checklist-5 (PCL-5) | PCL-5: 19+ | PCL-5: Available in all threshold languages |
| | Prolonged Exposure for PTSD (PE) | 18-70 | PTSD Checklist-5 (PCL-5) | 18+ | Available in all threshold languages |
| Mental Health Integration Program (MHIP)-Trauma | 18+ | PTSD Checklist-Civilian (PCL-C) | 18+ | Chinese, English, Spanish | |
| ANXIETY | Managing and Adapting Practices (MAP)-Anxiety & Avoidance | 2-19 | Revised Child Anxiety and Depression Scales-Parent (RCADS-P) Revised Child Anxiety and Depression Scales (RCADS) | 6-18 | RCADS-P: English, Korean, Spanish RCADS: Chinese, English, Korean, Spanish |
| | Individual Cognitive Behavioral Therapy-Anxiety (CBT-Anxiety) | 16+ | Generalized Anxiety Disorder-7 (GAD-7) | 18+ | Arabic, Chinese, English, Korean, Russian, Spanish, Tagalog |
| | Mental Health Integration Program (MHIP)-Anxiety | 18+ | | | |
| DEPRESSION | Interpersonal Psychotherapy for Depression (IPT) | 12+ | Patient Health Questionnaire-9 (PHQ-9) | 12+ | Available in all threshold languages |
| | Depression Treatment Quality Improvement (DTQI) | 12-20 | | | |
| | Managing and Adapting Practice (MAP)-Depression and Withdrawal | 8-23 | | | |
| | Group Cognitive Behavioral Therapy for Major Depression (Group CBT for Major Depression) | 18+ | | | |
| | Individual Cognitive Behavioral Therapy-Depression (CBT-Depression) | 16+ | | | |
| | Problem Solving Therapy (PST) | 16+ | | | |
| | Program to Encourage Active, Rewarding Lives for Seniors (PEARLS) | 60+ | | | |
| Mental Health Integration Program (MHIP)-Depression | 18+ | | | | |
| CRISIS | Crisis Oriented Recovery Services (CORS) | 3+ | Pediatric Symptom Checklist-35 (PSC-35)* | PSC-35: 3-18 | Available in all threshold languages |
| | | | Outcome Questionnaire-45.2 (OQ) | | |
| STEPPED CARE | Stepped Care Approach | All ages | Pediatric Symptom Checklist-35 (PSC-35)* | PSC-35: 3-18 | Available in all threshold languages |
| | | | Outcome Questionnaire-45.2 (OQ) | | |



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| FOCUS OF TREATMENT | EVIDENCE-BASED PRACTICE (EBP) COMMUNITY-DEFINED EVIDENCE (CDE) PROMISING PRACTICE (PP) | AGE RANGE | OUTCOME MEASURE | AGE RANGE | AVAILABLE THRESHOLD LANGUAGES |
|---|--|---|---|---|---|
| FIRST BREAK/TAY | Center for the Assessment and Prevention of Prodromal States (CAPPS) | 12-30 | Scale of Prodromal Symptoms (SOPS) | 12-35 | English, Spanish |
| | Portland Identification and Early Referral (PIER) Early Psychosis Program | 12-25 | Scale of Prodromal Symptoms (SOPS) Global Assessment of Functioning Modified (GAF-M) | 12-25 | English, Spanish |
| DISRUPTIVE BEHAVIOR DISORDERS | Aggression Replacement Training (ART) | 12-17 | Eyberg Child Behavior Inventory (ECBI) Sutter Eyberg Student Behavior Inventory-Revised (SESBI-R) [If parent is unavailable] | 2-16 | ECBI: Arabic, Armenian, Cambodian, Chinese, English, Japanese, Korean, Russian, Spanish, Tagalog, Vietnamese SESBI-R: Arabic, Armenian, Chinese, English, Japanese, Korean, Russian, Spanish |
| | Aggression Replacement Training-Skillstreaming (ART) | 5-12 | | | |
| | Promoting Alternative Thinking Strategies (PATHS) | 3-12 | | | |
| | Managing and Adapting Practice (MAP)-Disruptive Behavior | 0-21 | | | |
| SEVERE BEHAVIORS/ CONDUCT DISORDERS | Brief Strategic Family Therapy (BSFT) | 10-18 | Revised Behavior Problem Checklist-Parent Completed (RBPC) | 5-18 | Armenian, Cambodian, English, Spanish |
| | Multidimensional Family Therapy (MDFT) | 11-18 | Revised Behavior Problem Checklist-Teacher Completed (RBPC) [If parent is unavailable] | | |
| | Strengthening Families Program (SFP) | 3-16 | | | |
| | Functional Family Therapy (FFT) | 10-18 | Youth Outcome Questionnaire-2.01 (YOQ) Youth Outcome Questionnaire-Self-Report-2.0 (YOQ-SR) | YOQ: 10-17 YOQ-SR: 10-18 | Available in all threshold languages |
| | Multisystemic Therapy (MST) | 11-17 | Pediatric Symptom Checklist-35 (PSC-35)* | 11-17 | Available in all threshold languages |
| PARENTING AND FAMILY DIFFICULTIES | Mindful Parenting Groups (MPG) CDE | 0 - 3 | Devereux Early Childhood Assessment for Infants and Toddlers (DECA-I/T) | 1m - 36m | English, Spanish |
| | Triple P Positive Parenting Program (Triple P) | 0-16 | Eyberg Child Behavior Inventory (ECBI) Sutter Eyberg Student Behavior Inventory-Revised (SESBI-R) [If parent is unavailable] | 2-16 | ECBI: Arabic, Armenian, Cambodian, Chinese, English, Japanese, Korean, Russian, Spanish, Tagalog, Vietnamese SESBI-R: Arabic, Armenian, Chinese, English, Japanese, Korean, Russian, Spanish |
| | Incredible Years (IY) | 0-12 | | | |
| | Parent-Child Interaction Therapy (PCIT) | 2-7 | | | |
| | Family Connections (FC) | 0-18 | | | |
| | UCLA TIES Transition Model (UCLA TIES) CDE | 0-9 | | | |
| | Caring For Our Families (CFOF) CDE | 5-11 | | | |
| | Loving Intervention Family Enrichment (LIFE) | 10-17 | | | |
| | Reflective Parenting Program (RPP) CDE | 0-12 | | | |
| | Nurturing Parenting Program (NPP) | 0-18 | | | |
| Families OverComing Under Stress (FOCUS) | 2+ | McMaster Family Assessment Device (FAD) | 12+ | English | |
| EMOTIONAL DYSREGULATION DIFFICULTIES | Dialectical Behavioral Therapy (DBT) | 13+ | Difficulties in Emotional Regulation Scale (DERS) | 13+ | English |

*Treatment cycles are required for all clts in PEI OMA, however the PSC-35 scores are entered elsewhere in accordance with DMH's PSC-35 data collection protocol.

LA County threshold languages/scripts (English, Arabic, Armenian, Cambodian, Chinese (Modern), Chinese (Traditional), Farsi, Korean, Russian, Spanish, Tagalog, and Vietnamese).

For treatment cycles with treatment start dates before July 1, 2019, general and specific outcome measures must still be collected at "update" and "post" treatment.