

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**  
**American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes**

March 6, 2024

2pm – 4pm via Microsoft TEAMS

**Co-Chairs Present:** Shannon Rivers  
**Members Present:** Jessica Mosher, Eva Powless, Taylor Pulsifer, Blanca Watson, Lourdes Rabello, Erik Escareno, Eliabeth Kono, Johnny Gov, Stacy Dalgleish, Charlotte Lujan, Sylvia Gonzales-Youngblood, Yue Hua Xu (Vicky), Belinda Najera, Toni Craigs-Thomas, Harrelson Notah, Dan Dickerson,  
**Presenter:** None  
**DMH Admin Present:** Jennifer Alquijay, Hyun Lee, riKu Matsuda.

Agenda Items	Discussion
<b>Welcome, Prayer, Land Acknowledgment &amp; Introductions</b>	Meeting opened with prayer. Members were asked to introduce themselves in the chat. Sylvia Gonzales-Youngblood provided a land acknowledgment.
<b>Meeting Minutes</b>	February 2024 minutes were reviewed and approved (first – Sylvia Youngblood, second – Jessica Mosher).
<b>Co-Chair Report Out</b>	<ul style="list-style-type: none"> <li>• Discussion of Prop 1 - big discussion for Native and Indigenous peoples</li> <li>• Women’s History month reminder - Celebrate Native women! Need to speak about our history</li> <li>• Retreat coming up</li> </ul>
<b>Acknowledgment of some strong Native Women from mtg attendees</b>	<ul style="list-style-type: none"> <li>• Roberta Blackgoat from Spear Mountain</li> <li>• Grandmother Black Bird from Montana</li> <li>• Shannon’s older sister</li> </ul>
<b>DMH Updates</b>	<ul style="list-style-type: none"> <li>• DMH Promotors - Sylvia Youngblood - Promotors outreach in specific cultural communities</li> <li>• Use series of workshops - connect between science of mental health and culture, now doing a series on older adults - health wellness, homelessness, preserving memory, medications, bullying, etc.</li> </ul>

	<ul style="list-style-type: none"> <li>• Can also support parents in navigating school system with their kids</li> <li>• Have workshop request forms and list of topics</li> <li>• If you want to be a mental health promotor - please contact us!</li> </ul>
<b>UsCC Retreat Discussion</b>	<ul style="list-style-type: none"> <li>• April 19th - 10am-2pm</li> <li>• Jen to send Survey for Retreat RSVP and food</li> </ul>
<b>Discussion Re: projects</b>	<ul style="list-style-type: none"> <li>• Reminder - projects must be under \$100K</li> <li>• <a href="#">Proposal Guidelines and Fillable PDF</a> (See attachment for pdf of form)</li> <li>• Need to fill out a completed proposal in order to have project considered by the committee</li> <li>• Need to go over Brainstorm ideas and have people submit proposals for committee consideration</li> <li>• How AI-AN data is not collected accurately - example of misidentifying someone as Caucasian in recent home buying interaction.</li> <li>• Maybe community needs assessment?</li> <li>• Other ideas</li> <li>• Docuseries? Video game therapy outreach?</li> <li>• Discussion on some of Dr. Escareno's</li> </ul>
<b>Capacity Building Projects – Updates</b>	<ul style="list-style-type: none"> <li>• AI/AN Community Engagement Campaign – project is wrapping up, vendor to present at a future meeting.</li> <li>• AI/AN Mending the Hoop Project – project is wrapping up, vendor to present at a future meeting.</li> <li>• AI/AN Youth Graphic Novel Project – currently in phase 2, in the process of recruiting participants.</li> <li>• AI/AN Cooking for Wellness Project – currently out for re-solicitation until 1/9/24.</li> <li>• AI/AN Community Garden Project – currently out for solicitation until 1/9/24.</li> <li>• MMIWG2-S Awareness Campaign Project – solicitation closed 12/11/23. Pending award by ISD.</li> <li>• AI/AN Elder Mental Health Support Project – currently out for solicitation until 1/9/24.</li> <li>• Suicide in Native Communities Project – solicitation closed, no bids received. Will be re-solicited.</li> <li>• AI/AN Intergenerational Storytelling Project – this project will be revisited this year at a future meeting. <ul style="list-style-type: none"> <li>○ Kelly and Mirtala met with PIO to discuss any copyright concerns, legal issues, and intellectual property.</li> </ul> </li> </ul>
<b>Community Announcements &amp; Resources</b>	<ul style="list-style-type: none"> <li>• Send any resources to Jennifer via email (<a href="mailto:jalquijay@dmh.lacounty.gov">jalquijay@dmh.lacounty.gov</a>) to be sent out to the listserv.</li> </ul>
<b>Closing Prayer</b>	Meeting closed with Prayer.

<b>Meeting Minutes</b>	All meeting minutes are available on the DMH website: <a href="https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/">https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/</a>
<b>Upcoming Meetings &amp; Links</b>	<p><b><u>Next Meetings (first Wednesday of the month, all meetings 2-4pm):</u></b></p> <ul style="list-style-type: none"> <li>• 4/3/24, 5/1/24, 6/5/24, 7/3/24, 8/7/24, 9/4/24, 10/2/24, 11/6/24, 12/4/24</li> </ul> <p><a href="#">Join Microsoft Teams Meeting</a>; 323-776-6996, Conference ID: 806 867 419#</p>