

DIVING DEEPER INTO PREVENTING SECONDARY TRAUMA: CREATING A STRONGER MORE PRODUCTIVE ORGANIZATION (LINE STAFF/SUPERVISORS/MANAGERS)

DATE & TIME: June 25 & 27, 2024 **9:00AM - 12:00PM**

All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior to the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.

PLACE: Web Broadcast – Zoom

REGISTRATION:

Despite mental health professionals' expertise in bolstering the psychological wellbeing of their clients, they give relatively little attention to addressing the ways that their work can negatively impact them. The psychological hazards of behavioral health work can include burnout, compassion fatigue, vicarious traumatization, and other secondary stress symptoms. Clinicians are often encouraged to engage in self-care to mitigate the negative effects of their work. However, their work teams and organizations also have a key role in protecting staff from the hazards of the work. So, while clinicians' application of the principles of self-care and psychological resilience is essential to their thriving, teams and organizations must also proactively integrate trauma-informed strategies into the values, operations, and practices of the workplace to complete effective staff care systems. This workshop presents a five-domain framework intended to bolster organizations in protecting their staff from the psychological hazards that can accompany behavioral health work. When teams and organizations implement operations and processes that mitigate the effects of vicarious trauma then the staff are better positioned to thrive in their ability to assist greater numbers of clients and help these clients to a greater degree.

TARGET AUDIENCE: DMH DIRECTLY OPERATED/LEGAL ENTITY STAFF THAT ATTENDED "CREATING OCCUPATIONAL RESILIENCY: IMPLEMENTING SELF-CARE STRATEGIES TO PREVENT SECONDARY TRAUMATIZATION WHILE WORKING IN THE BEHAVIORAL HEALTH FIELD TRAINING FOR LINE STAFF OR SUPERVISORS/MANAGERS"

- OBJECTIVES:** As a result of attending this training, participants should be able to:
1. Describe how an organization's duty-of-care to its behavioral health staff alleviates self-care burden on its staff.
 2. List the 5 organizational domains associated with organizations that are vicarious trauma informed.
 3. Discuss how racial trauma on communities can impact the behavioral health staff serving those communities.
 4. Discuss how vicarious traumatization can impact the functioning of behavioral health staff.
 5. Describe the characteristics of a healthy, vicarious trauma-informed team and organization.
 6. List some early warning signs of organizations and teams impacted by vicarious trauma dynamics.

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DEADLINE: June 17, 2024, or until capacity is reached.

CONTINUING EDUCATION: 6 hours (BBS, BRN, CCAP and Psychology)

COST: NONE

DMH Employees and Contracted Providers Register at:
<https://eventshub.dmh.lacounty.gov/Account/Events/Trainings/Detail/12625>