

ENGAGING AND WORKING WITH THE TRANSITION AGE YOUTH (TAY) POPULATION

DATE & TIME: June 4 & 6, 2024 **9:00AM - 12:00PM**

All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior to the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.

PLACE: **Web Broadcast – MS TEAMS/Zoom:** A link will be e-mailed to training participants upon confirmation.

REGISTRATION:

This training specifically targets Department of Mental Health mental health staff working with the Transition Age Youth population. Evidence indicated that there are several systemic, sociocultural, and personal levels that can prevent delay help-seeking among transition aged youth. These barriers lead to serious consequences such as self-medicating, academic, social, and vocational difficulties. This training will support the development of therapeutic tools that will be useful in the treatment of transition aged youth. This training is designed to provide service providers that work with transition age youth with an understanding of the current research tied to engaging, supporting, and assisting transition age youth with moving through their associated systems of care. The training will delve into the current research and findings tied to the shift in belief systems, service systems and general presentations of transition age youth in the last decade and especially after the COVID-19 pandemic. The training will also focus on conceptualizing the impact of external factors on how to engage transition age youth in the mental health system.

TARGET AUDIENCE: **DMH Directly Operated and Legal Entity Staff and Supervisors**

OBJECTIVES: **As a result of attending this training, participants should be able to:**

1. Identify at least three social, political, or economic issues facing TAY individuals that were not present 5 years ago.
2. Identify at least three social, political, or economic issues facing TAY individuals today that were not present 10 years ago.
3. Utilize culturally competent case conceptualization strategies to conceptualize the impact of social, political, or economic issues that present as barriers to seeking assistance, engagement and follow through by TAY consumers.
4. Identify strategies for engaging TAY consumers outside of those already attempted.
5. Identify why current strategies have been ineffective in engaging TAY consumers.
6. Define and identify what are social determinants of health and how to utilize them in case conceptualization for treatment and engagement.

CONDUCTED BY: **La Cena Jones, LMFT, DSW**

COORDINATED BY: **Erica Melbourne, Psy.D., Training Coordinator**
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DEADLINE: **June 3, 2024**

CONTINUING EDUCATION: **6.0 hours for BBS, BRN, CCAPP-EI, CE for Psychologist**

COST **NONE**

DMH Employees Register at: <https://eventshub.dmh.lacounty.gov/Account/Events/Trainings/Detail/12643>