

## The Use of Cognitive Screening Measures: The Mini Mental State Exam (MMSE)

DATE & TIME: June 26, 2024

9:00am 12:00pm

*All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.*

PLACE: 510 S. Vermont Ave. Terrence Level Press Conference Room  
Los Angeles, CA 90020

This training provides an overview of the Mini Mental State Exam (MMSE), a screening tool to measure cognitive impairment. The training reviews the purpose of the MMSE as a screening tool, outlines the cognitive domains and provides an opportunity to practice administering and scoring the MMSE. Social/cultural considerations relevant to tests use and interpretation of scores to the Los Angeles County mental health consumers are addressed. Other topics explore the interpretation of screening results such as cut-off scores, when to refer for additional testing, and relevance of strengths and weaknesses; video-taped sessions of MMSE administration are reviewed to promote knowledge and skill enhancement. Finally, testing considerations for differential diagnoses and treatment options are included in the discussion.

**TARGET AUDIENCE: DMH Directly Operated and Contracted Clinical Staff**

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Explain how to administer, score and interpret performance on the MMSE
2. Identify social/cultural considerations relevant to tests use and interpretation of scores to the Los Angeles County mental health consumers.
3. Identify at least 5 differential diagnoses that may be suggested by scores at or below cut-off on the MMSE
4. Describe options available for further testing to clarify diagnosis and appropriate treatment.

**CONDUCTED BY:** Haydeh Fakhrabadi, Psy.D and Taya Varteresian, DO

**COORDINATED BY:** Marcela Barajas, LCSW Training Coordinator  
Email: [mbarajas@dmh.lacounty.gov](mailto:mbarajas@dmh.lacounty.gov)

**DEADLINE:** When capacity is reached

**CONTINUING**

**EDUCATION:** 3.0 Hours BBS, BRN, CCAPP and Psychology

**COST:** NONE

DMH Employees and Contract Providers Register at: <https://eventshub.dmh.lacounty.gov/>