# Department of Mental Health Alternate Crisis Response Program

Update on the 988 Suicide and Crisis Lifeline

Reuben Wilson and Jennifer Hallman, Department of Mental Health Carolyn Levitan, Didi Hirsch Suicide Prevention Center April 25, 2024



#### **ACR's ASPIRATION**

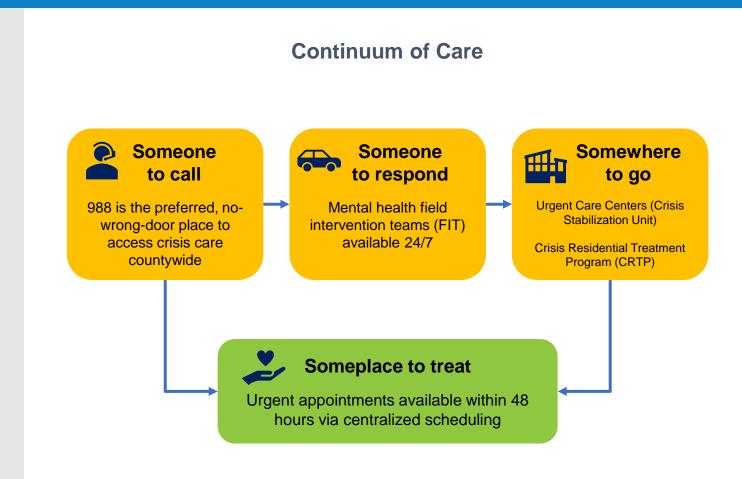
Individuals experiencing a mental health crisis in LA County are treated quickly, effectively, and with empathy at the least restrictive level of care to meet their short- and long-term needs in the mental health system, as appropriate, so that they can remain in their community



### ACR is a robust, reliable, and timely alternative to law enforcement response for mental health crises

#### **Timeline**

- June 2020: Alternative Crisis Response
   (ACR) initiative created by the Board of Supervisors
   (BOS) as partnership between DMH and CEO-ATI
- October 2020: Federal bill established 988 as a national number for behavioral health crisis calls
- July 2022: 988 officially launched nationwide, triggering key program expansions in LA County, DMH contracted with Didi Hirsch for 988 services
- November 2022: DMH officially assumed responsibility for ACR implementation in LA County
- December 2023: DMH expanded mobile crisis response availability to 24/7 throughout LA County
- April 2024: DMH operates up to 60 mobile teams, with additional overtime coverage for nights and weekends



# Someone to call: 988 is the preferred, "no wrong door" place to access crisis care county-wide

#### Didi Hirsch 988 Crisis Hotline in LA County

24/7 call, text, and chat access to crisis counselors.

Crisis intervention, risk assessment, and de-escalation

Information sharing on resources to help people in distress and their friends/family

Follow-up services to high-risk callers

Referral to DMH ACCESS for mobile crisis response

*5,000*+

~400

~97%

Calls and texts each month

**Trained counselors** 

Of calls are safely resolved over the phone

LACDMH ACCESS Hotline (800-854-7771)

24/7 entry point for mental health services in LA County. Anyone can call this line to request a mobile response.

~4,000

~75

~50%

Calls to LACDMH
ACCESS Help Line

**Call Center Staff** 

Of calls result in field response dispatch



LACDMH ACCESS Center

#### >> 988 Call Trends

- Nearly 6,000 calls, chats and texts in March 2024
- YTD contacts are up 28% from first quarter of 2023
- 7% third-party callers
- Average answer time: 18 seconds



#### >> 988 Outcomes



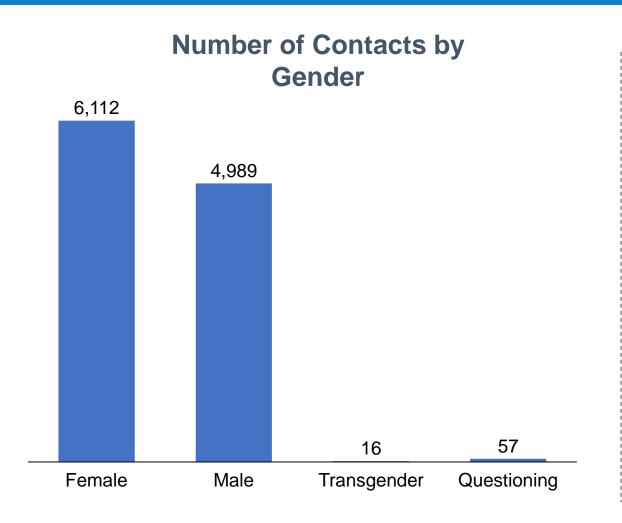
97% RESOLVED OVER THE PHONE WITHOUT INTERVENTION

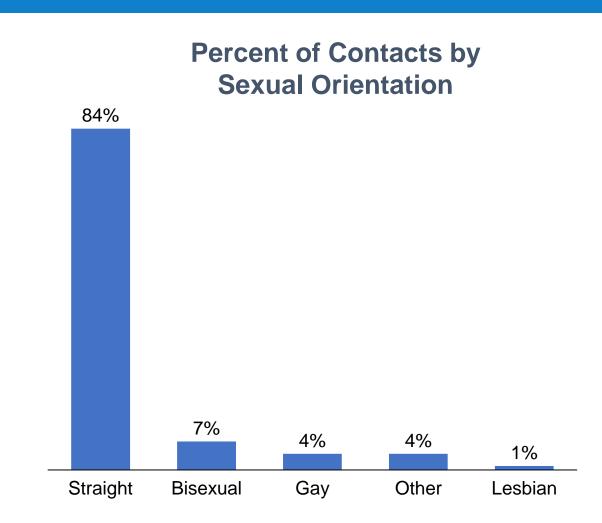


2% REFERRED TO 911

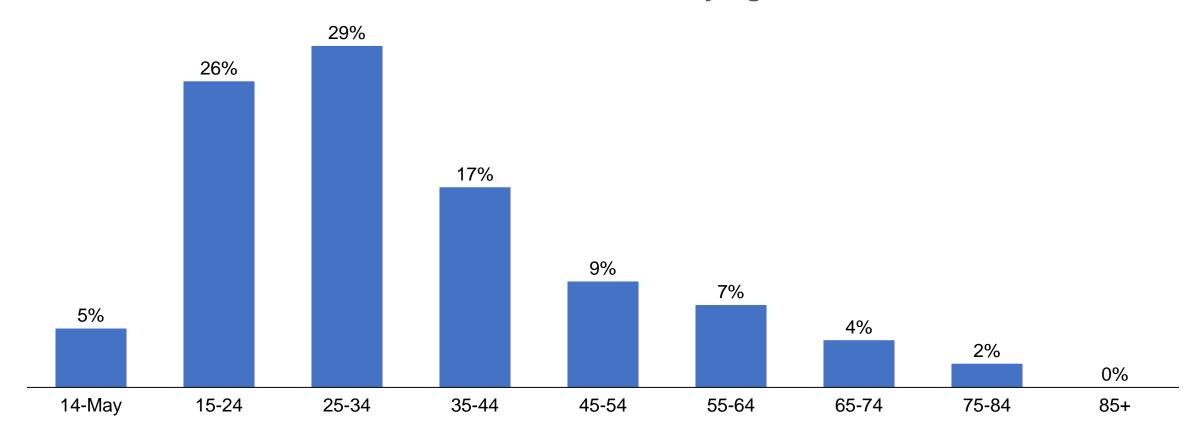


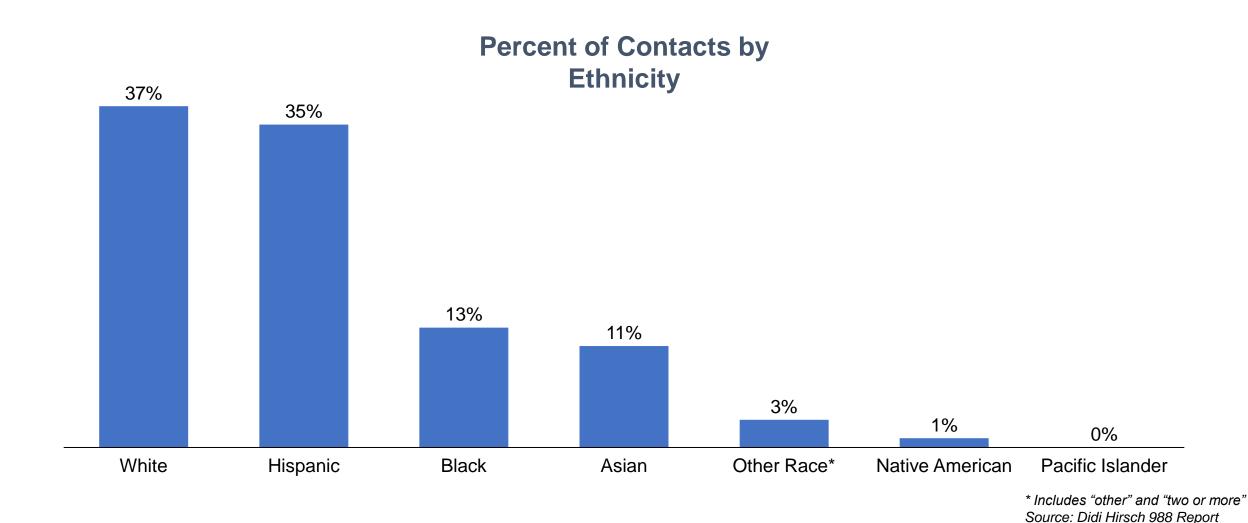
1% REFERRED TO DMH FIT TEAMS
(WARM TRANSFER FROM 988 TO ACCESS)

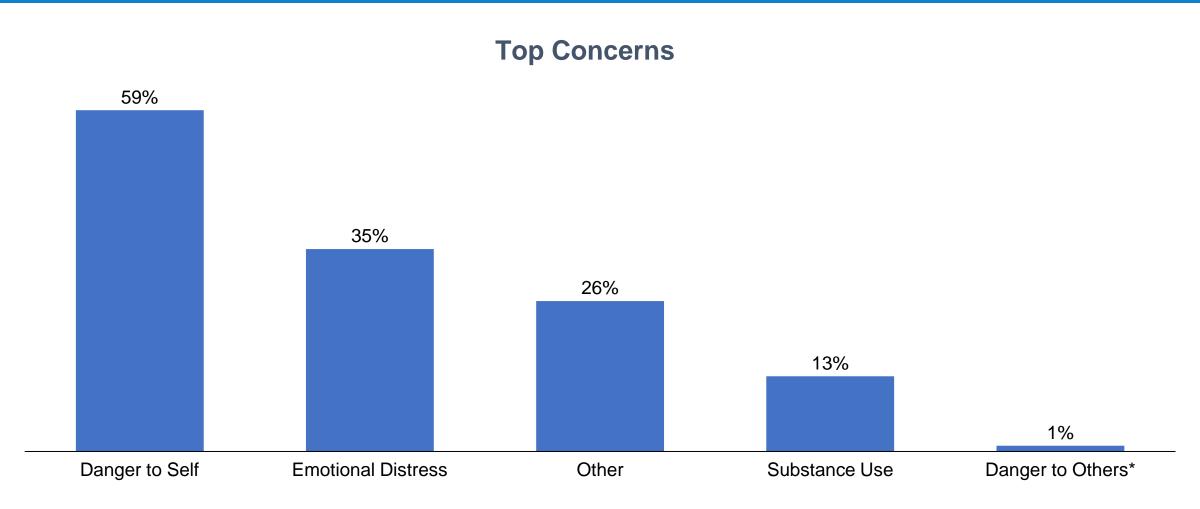












Source: Didi Hirsch 988 Report

### Language Capabilities

Callers' primary language

- 93% English
- 7% Spanish
- <1% All other languages</p>

Didi Hirsch has 65 Spanish-speaking agents, providing 24/7 coverage Korean-speaking agents are also available (4:30p – 12a)

Translation service available for other languages

### >> 988 Georouting

 Calls currently routed to 988 call center based on area code, not location

 Centers may not be able to connect callers with non-local area code to local mental health services and resources.

 On April 25, FCC Board will consider rule changes to require a solution enabling calls to be directed based on location

For privacy, changes will not pinpoint a caller's location

#### >> 911 to 988 Call Diversion Pilot

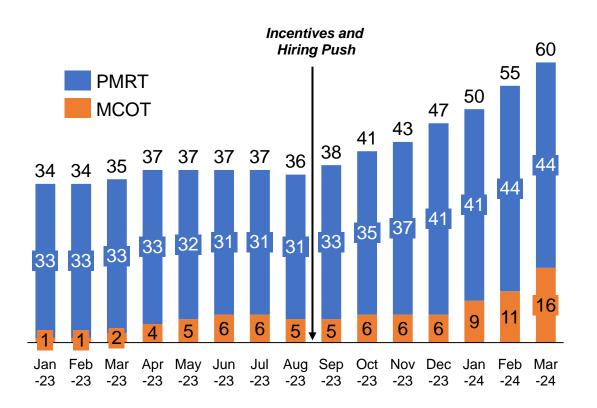
 In partnership with LAPD, currently operates throughout City of Los Angeles, diverting certain behavioral health calls to 988 through a warm transfer.

 Framework for diversion developed jointly with multiple County law enforcement agencies, through the Countywide Criminal Justice Coordination Committee

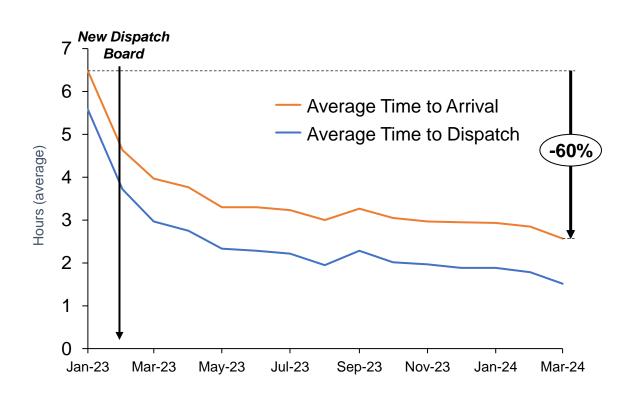
 Pilot in development to expand to LA Sheriff's Department (Lancaster and Century stations), Pomona and Bell Gardens Police Departments

### Expanding FIT and adopting technology changes substantially lowered response times

## Increase in Number of Field Intervention Teams



## Average Response Times





# Who Do I Call for Help?

9-1-1

to report crimes, fires, and medical emergencies when law enforcement, firefighters, or paramedics are needed







800-854-7771

for crisis response teams in the field or mental health resources through the 24/7 LACDMH Help Line



9-8-8

for support with suicidal crisis or mental health-related distress



988 LIFELINE

2-1-1

for general information on local resources or linkages and referrals to health, human, and social services

