

**Helping Youth Experiencing Housing Instability Thrive with help from the ARC (Attachment, Self-Regulation and Competency) Framework for Complex Trauma**

**DATE & TIME:**

**April 22, 2024**

**9:00AM - 12:00PM**

***Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:**

**Web Broadcast – MS TEAMS**

Registrants are required to join through a provided MS TEAMS link or access the web version of MS TEAMS. Participants must have reliable internet access and audio/visual capability to participate in this training.

The training will focus on providing an understanding of the Social Ecological Model (SEM) as it relates to the experience of housing instability for youth. The SEM embraces the importance of intersectional dynamics (impact of socio-cultural variables such as Race/Ethnicity, Gender Identity, Sexual Identity) on the experience of privilege and oppression; both for youth as well as those serving them. The SEM will serve as a backdrop to the conceptualization of Complex Trauma/CT (the amalgamation of Adverse Childhood Experiences, Traumatic Experiences, Societal Impact on intersectional variables in students) and their experience of housing instability/homelessness. Lastly, the Attachment, Self-Regulation and Competency (ARC) Framework will be introduced as an ideal framework for assisting youth with experiences such as these (with particular emphasis to young people involved in the Foster Care system).

**TARGET AUDIENCE:** This training is open to DMH staff and contracted mental health providers rendering services to youth.

**OBJECTIVES:**

**As a result of attending this training, participants should be able to:**

1. Describe the concept of Complex Trauma and why a focus on “personhood” is more beneficial to youth than a “diagnosis and treatment.”
2. Describe the Social Ecological Model and provide two examples of intersectional variables that play a role in privilege and/or oppression.
3. Describe the essence of the ARC Framework and be able to apply the core concepts to a case vignette.

**CONDUCTED BY:**

**Moises Rodriguez, Ph.D.**

**COORDINATED BY:**

**Elizabeth Ceja, LCSW, Mental Health Training Coordinator**

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**DEADLINE:**

**April 22, 2024 or when maximum capacity is reached.**

**CONTINUING**

**EDUCATION:**

**NONE**

**COST:**

**NONE**

**Register at: <https://eventshub.dmh.lacounty.gov/>**