Department of Mental Health (DMH) Updates for the MHC Executive Committee Meeting, March 2024

- 1) <u>**Report Response</u>**: The following reports were submitted by DMH in February 2024.</u>
 - 2/13/2024 Item Set Matter 2. Report on Continuum of Care for Mental Health and Substance Use Disorder Beds (link)
 - This presentation provided an update to the Board of Supervisors (Board) on the status of beds from the Departments of Mental Health, Health Services-Office of Diversion and Reentry (ODR), Public Health-Substance Abuse Prevention and Control (SAPC), the Homeless Initiative (HI) and the Justice, Care and Opportunities Department (JCOD).
 - The report was presented to the Board during the February 14, 2024, Board of Supervisor meeting.
 - Annual Report to the Board for Expanding Lanterman-Petris-Short (LPS) and Probate Conservatorship Capacity in LA County (Item 9, Agenda of August 8, 2017). (link)
 - This is the fifth annual report from the Office of Public Guardian (OPG) providing annual reports to the Board on conservatorships. It includes data for Fiscal Year (FY) 2022-2023.
 - Highlights:
 - Number of OPG clients placed in conservatorship: Probate-74; Lanterman-Petris-Short (LPS)-327 new and 2,120 reappointed.
 - Referrals Accepted and Investigated: 100% Probate (1,567) and 98% LPS (878).
 - 11,010 OPG client visits conducted in FY 2022-2023.
 - 445 LPS conservatorships were terminated in the reporting period.
 - Additional data includes information regarding OPG clients in locked facilities, average length of stays, wait times for transfer to higher acuity placements and receiving specialty mental health services (inc. Full-Service Partnership and Outpatient Programs).
 - Report on the Progress of Implementing a Department of Mental Health Community Based Incubation Academy (Item 3, Agenda of February 5, 2019).(link)
 - This report provides an update from the last report up to January 2024.
 - Provided an update on implementation progress and additional project targets identified since the previous report, including, but not limited to, extending the Incubation Academy for an additional year (FY23-24), continued with the training curriculum, meet with incubation CBOs individually, held quarterly meetings.

- Establishing a Roadmap to Address the Mental Health Bed Shortage (Item No. 41D, Agenda of January 24, 2023). (link)
 - The response includes the full report from Health Management Associates (HMA), the consultant hired in May 2023 to deliver the mental health continuum gap analysis, comprehensive roadmap and forecasting model.
 - The report highlights three systemic gaps and key recommendations:
 - Systemic Gaps: 1) Importance of full continuum approach to mental health resources; 2) Internal governance and oversight; and 3)
 Visibility and tools to support governance and oversight.
 - Key Recommendations: Strengthen DMH's internal governance and oversight of the full continuum of mental health resources; expand DMH's subacute level of care capacity; develop strategies to reduce the 30-day readmission rates; and align the HMA's systemic gap roadmap with DMH's internal analysis roadmap of regulatory, policy, financial and contracting issues.
 - During the development of the report, DMH began efforts to address the gaps/recommendations including, but not limited to:
 - Began an implementation document for the roadmap recommendations.
 - Created a Master Bed Tracker with DMH divisions reporting monthly.
 - Discussed development of a bed dashboard.
 - Launched a pilot program to test guaranteed beds for field-based team referrals.
 - Received Round 3 BHCIP funds to support construction of eight 16bed Mental Health Rehabilitation Centers (MHRCs) on the LA General Hospital Campus (128 beds total).
 - \circ $\;$ The report also includes recommended actions for the Board of Supervisors.
- Report Response on Data for the Behavioral Health Center on the Martin Luther King, Jr. Medical Campus (Item No. 29, Agenda of November 16, 2021).
 - This report provides metrics from DMH and the Department of Public Health (DPH) for the programs located on the Martin Luther King Jr. Behavioral Health Center campus. Below are a few of those metrics.
 - DMH Crisis Residential Treatment Program:
 - ⊲ Received 81 referrals and 42 admissions.
 - Occupancy rate and average length of stay: 88%/42 days.
 - No serious incidents (medical emergencies, suicide attempts or aggressive acts) during this period.
 - DPH Substance Use Disorder (SUD) and Respite and Recovery Center:
 - ⊲ Respite/Sobering Center:
 - Received 183 referrals.
 - Occupancy rate and average length of stay: .13%/ 15 hours.

- Residential Withdrawal Management (RWM):
 - Received 109 referrals.
 - Occupancy rate and average length of stay: 44%/ 6 days.
- ⊲ Residential:
 - Received 106 referrals.
 - Occupancy rate and average length of stay: 84%/ 40 days.
- 2) <u>Motions</u>: In February 2024, no motions were approved by the Board with reports to be submitted by DMH; however, the motion below includes significant participation.
 - Investing in the Los Angeles County CareConnect Application (Item 3, Agenda of February 27, 2024) <u>Motion/Amendment</u> <u>Purpose:</u> To move forward with the development of develop an integrated solution (for beds and support services) intended to connect individuals with services across the County to provide comprehensive access to care.