

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
Welcome/Land Acknowledgment	Co-chair, Yvonne Sandoval welcomed participants and newcomers to the meeting. Introduction of potential new co-chair, Sydney Tabizon. Raul Garcia, AICC rendered the Land Acknowledgment.	Ms. Tabizon was voted in as the new co-chair for SALT 7.	Yvonne Sandoval	3/8/24
Co-Chair Updates Yvonne Sandoval	<ol style="list-style-type: none"> <li>1.Acknowledged Black History Month and Lunar Year for the Asian-Pacific Community.</li> <li>2.Reminded participants that Prop 1 will be on ballot and if it passes, will bring many changes to existing programs and funding, however changes are not expected until 2026.</li> <li>3.Attending MHSA meetings. Peers and consumers are now being part of the process and providing feedback on needs and what has not worked.</li> <li>4. Ms. Sandoval shared her journey on how she became aware of mental health services and how it helped uplift her spirits as she participated in trainings and certification programs offered by NAMI.</li> </ol>	Updates to be presented at next SALT 7 meeting	Yvonne Sandoval	3/8/24
DMH Updates Manuel Rosas, SA 7 Chief	<ol style="list-style-type: none"> <li>1.Continue to uplift Care Court Program.</li> <li>2.Continue to work with both Directly Operated and Legal Entities in increasing capacity across the system.</li> <li>3.Urgent Care Center for Service Area 7 is on the horizon.</li> <li>4.Looking at enhancing and expanding services at the Peer resource Center and throughout the service area.</li> </ol>	Updates to be presented at next SALT 7 meeting	Manuel Rosas	On-going

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
	<p>5.Moving forward with a potential new building for the American Indian Counseling Center.</p> <p>6. In the process of developing more men’s support groups and fatherhood through all the directly operated clinics.</p> <p>7.Touched on the May is Mental Health Awareness Community Resource Fair and the third annual Men’s Health Awareness Community Resource Fair.</p>			
<p>Alicia Llamas, Outreach and Engagement Coordinator</p>	<p>1.Provided updates on the May 4 and June 8th community resource fairs. Reminded participants that invitation and registration forms have been sent by Jaime Gomez and encouraged providers to register and be part of the celebrations.</p> <p>2.Penny Lane will be hosting a youth summit on April 5, 2024, DMH will be hosting a resource table.</p> <p>3.Clergy Breakfast will be on April 17, 2024. Still working with Chaplain Rick Rodriguez to secure a church in the City of Downey.</p> <p>4.Health Neighborhood are held the second Tuesday of every month.</p> <p>5.Working with the City of Signal Hill and Hawaiian Gardens to start a 2nd Health Neighborhood.</p>	<p>Provide update on Clergy Breakfast</p>	<p>Alicia Llamas</p>	<p>3/9/24</p>

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
Erika Corral and Mayra Gonzalez	1. Conducted a presentation to youth at East Los Angeles College and will continue to outreach to other community colleges. 2. Reported on the PACT meeting in the City of Vernon. Able to connect and provide mental health information and resources to parolees and staff.	Will report on updates as needed	Erika Corral Mayra Gonzalez	n/a
FSP Updates Alicia Ibarra, Adult navigator	1. Alicia Ibarra reported next FSP meeting will be on 2/28/24 from 2pm-4pm. 2. Thanked all the FSP providers in attendance for all their hard work. 3. FSP will conduct case presentations at the meetings in order to get feedback and learn from one another when a difficult case presents itself. 4. Mr. Jaime Gomez inserted a reminder that FSP is for anyone be it a child or and adult and referrals can come from family members as well not just providers.	FSP Updates on 3/8/24	Alicia Llamas	3/8/24
Dr. Darlesh Horn	1. Congratulated SA7 for its accomplishments. 2. February 23rd will be a 100 percent virtual CPT stakeholder meeting. They will be closing out the planning process for the 2-year plan. Encouraged participants to listen to the online discussion about all the feedback that was received around services, housing, workforce and prevention. The plan will post starting mid-February until mid-March. Lastly, there will be a public with the mental health commission, all are welcome to attend, and feedback encouraged.	Provide updates as needed	Dr. Horn	3/8/24 (if available)

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
	<p>The plan will get the Board of Supervisors for review sometime in May.</p> <p>3. Will work with the SALTs on:</p> <ul style="list-style-type: none"> <li>a. O@E strategies.</li> <li>b. Discuss community events.</li> <li>c. Social media presence</li> <li>d. Mental Health Commission Reports</li> </ul>			
Public Comment	<p>1. Mental health meetings occur every month, the first is the executive meeting every 2nd Thursday of the month and the regular commission meeting every 4th Thursday for the month which provide a synopsis of MHSA.</p> <p>2. Co-chair encouraged participants to become informed on issues that will affect mental health services and how they are carried out.</p> <p>Prop 1 may bring changes that will certainly affect all providers.</p>		Jaime Gomez	On-going at all SALT 7 meetings

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
<p>Provider Announcements</p>	<p>1.Almansor has openings for children services in service area 7. They provide services in the home; assessments are conducted within a 10-day period; over 100 slots available.</p> <p>2.Spirrit Family introduced new outpatient drug and alcohol program for straight medical clients only. Clients meet 3 times a week. They do individual and family counseling as well as random drug testing.</p> <p>3.Peer Resource Center holding men’s support group every second and 4th Thursday of the month. They also offer a walking group, a health art group, currently offering groups at senior centers and many other nonclinical groups.</p> <p>3. Telecare offers early prevention programs for seniors.</p> <p>4.Project Return continues to offer their Peer-to-Peer support specialist program as does NAMI and offer numerous online support groups.</p> <p>5.Proposed looking into a respite care facility for Service Area 7 as the one in Long Beach operated by Project Return. Yvonne Sandoval offers an online Grandma’s Remedies, a group that discusses herbal remedies.</p> <p>6.Pacific Clinics operates a peer run center that is now open to the public free of charge offering many self-help support groups.</p> <p>7.Disability Rights of California will be hosting a psychiatric medication workshop on February 13th, 2024.</p>	<p>None</p>	<p>Attendees</p>	<p>On-going at all SALT meetings</p>

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION  
Service Area 7**

**SALT 7 Minutes  
2/9/24  
10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

Agenda Items	Discussion	Action Item	Person Responsible	Due Date
	8.Spiritt Family services is hosting an “artificial Intelligence” workshop in Spanish-contact Daisy at Spiritt. Are also hosting a business attire clothing drive from February 20th thru February 23rd, 2024, donations can be dropped off at the Whittier or Bell Garden offices.			

**Attendees: 58**