



## LACDMH Partnering with Families to:

- Recognize and affirm family strengths.
- Assess family needs and find solutions.
- Learn what the family hopes to accomplish.
- Set reasonable and meaningful long-term views
- Organize tasks to accomplish long-term views.

## When is the Meeting?

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line:**

**800.854.7771**

[dmh.lacounty.gov](http://dmh.lacounty.gov)



## ▶ Child and Family Team Meetings



LOS ANGELES COUNTY  
**DEPARTMENT OF MENTAL HEALTH**  
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## What is a Child and Family Team Meeting?

Child and Family Team (CFT) meetings bring family members together so that, with the collaboration of “natural supports,” professionals, and community resources, they can create a plan that ensures child safety and meets the family’s needs. Those involved in the process are selected by the child and/or family.

### Who can attend the meetings?

You have the choice of selecting the members of your CFT and inviting them to your meeting. You may invite family members, friends, neighbors, church leaders, or anyone else who you believe will help and support you reach your family long-term view.

**Your role** in the CFT meeting is to tell your story, share your family’s long-term view, and choose the members of your team. This will be your CFT meeting where you will have the opportunity to express your opinions and your preferences. Your voice and point of view is very important in this process.

### What happens at the meetings?

During the CFT meeting, you will have the opportunity to run your own meeting with the help of a facilitator. You will have the right to set your own ground rules for the meeting. The CFT meeting will help you and your team members share your family strengths, express concerns, and create a plan to meet your family’s needs.

### Why is it important to attend the meetings?

It’s important to attend CFT meetings because they give you and your family an opportunity to build your team of “natural supports” that can help you reach your long-term views and make important decisions about your family.

### How often are CFT Meetings held?

CFT meetings should be held when an important decision has to be made about your child and/or family. In addition, you can request CFT meetings whenever the plan has to be changed to meet your child and family’s needs.

## What is Your Family’s Long-term View?

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