

## Grief and Loss: Supporting Children, Youth

**DATE & TIME:**

**May 15, 2024**

**9:00AM - 2:30PM**

***Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:**

### **Web Broadcast – MS TEAMS**

Registrants are required to join through a provided MS TEAMS link or access the web version of MS TEAMS. Participants must have reliable internet access and audio/visual capability to participate in this training.

This expanded five (5) hour training has been developed to assist participants, rendering Intensive Care Coordination (ICC) and Intensive Home Based Services (IHBS), to integrate the Integrated Core Practice Model (ICPM) values and concepts and evidence-based practices in Grief and Loss to support children and families. This training will combine didactic and experiential learning components to inform participants of the high degree of risk of unresolved grief among children and families without grief support. Participants will enhance their skills of engagement, assessment and understanding, cultural bereavement, teaming, and trauma responsiveness. The discussion will include an overview of grief and loss, reflection on personal experiences with loss and the impact it has on their work with children and youth who experience trauma and/or loss. Focus on understanding unresolved grief, disenfranchised grief, etc., understanding personal history of losses, developmental stages of children's concepts and reactions, funeral rituals, talking and supporting children and youth to help cope with loss and death, cultural considerations, and the value of self-care to avoid vicarious trauma. A strength-based approach will be emphasized throughout the discussion within an environment that will support individuals to explore their own thoughts, beliefs, and values as it relates to this topic.

**TARGET AUDIENCE:** This training is open to DMH staff and contracted mental health providers rendering services to the child and youth.

**OBJECTIVES:**

### **As a result of attending this training, participants should be able to:**

1. Describe personal beliefs, values, and cultural rituals.
2. Define normal vs childhood traumatic grief.
3. Identify the major developmental stages of understanding death.
4. Describe at least three (3) effective coping strategies and interventions for children, youth, and families.
5. Describe death to children and youth in developmentally appropriate ways.
6. Identify ways to “think out of the box” to prepare and participate in funeral rituals and or visiting the grave.
7. Identify signs of vicarious trauma
8. Identify 3 strategies to exercise “self-care.”

**CONDUCTED BY:** Linda Garcia, MA, CCLS

**COORDINATED BY:** Elizabeth Ceja, LCSW, Mental Health Training Coordinator  
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**DEADLINE:** May 15, 2024 or when maximum capacity is reached.  
**CONTINUING** 5.0 hours for BBS, BRN, CCAPP-EI  
**EDUCATION:** CE for Psychologist  
**COST:** NONE

Register at:  
<https://eventshub.dmh.lacounty.gov/>