

## MANAGING DECOMPENSATING CLIENTS

**DATE & TIME:** May 7, 2024

**1:00pm – 3:00pm**

*All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior to the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.*

**PLACE:** MS Teams

**REGISTRATION :** Please see registration instructions below

Decompensation is what happens when your usual ways of coping are no longer working, and your symptoms worsen, indicating a decline in your mental wellness. The symptoms of decompensation are unique to each person and their diagnosis, but may include sensory, perceptual, emotional, or cognitive changes. Decompensation can occur in mental illnesses such as schizophrenia, bipolar disorder, or chronic hallucinatory psychosis and can also affect people with neurosis and/or depression. However, it can also occur in people without any mental health conditions. This training will provide participants with what to expect to see in a client who is decompensating as well an understanding of how manage a client who is experiencing symptoms of decompensation.

**TARGET AUDIENCE:** DMH and contract providers DMH/DMH contracted staff providing housing related supportive services

**OBJECTIVES** As a result of attending this training, participants should be able to:

1. Describe what to expect to see in a client who is decompensating including early signs of decompensation.
2. Identify criteria to place an individual on a 5150 hold for grave disability when working with a client who is decompensating.
3. Identify three interventions to manage symptoms.
4. Identify resources available for individuals who have decompensated.

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**DEADLINE:** when maximum capacity is reached

**CONTINUING EDUCATION:** NONE

**COST** NONE

DMH Employees register at: <https://eventshub.dmh.lacounty.gov/>